



# G.M.N. Newsletter

GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT.  
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## From the Desk of the Principal



It gives me immense pleasure to bring out the fifth issue of G.M.N. College Newsletter. With great pride and satisfaction I could say that the college has made tremendous progress in all areas academic, sports, cultural, community service etc. This exceptional institution which has recorded seven decades of constant development believes in the holistic development of the students and to fulfill this aim we bring together sound academic achievement with an extensive, vibrant co-curricular programme that includes, sports, cultural, extension and outreach activities. Our activities and other extracurricular offerings are broadened each year with a hope to have something that interests every student. The college has established many cells and committee to cater to the need of students. The college has also developed its infrastructure including e-learning, smart classrooms, ICT enabled classrooms etc. to make learning more interesting and interactive. We have a number of Certificate, Diploma, Value added and Add-on courses that equip our students to manage and lead the varied opportunities and challenges of the society with an added edge. The Management and our team of experienced teachers are doing their best to give our students the required edge to make their mark in this global world. I am confident that this Newsletter mirrors all the activities done in the college in the session 2019-20. My heartfelt congratulations to the team for its fruitful efforts.

With best wishes and blessing for the upcoming session.

## A Pious Beginning

To mark the beginning of the new academic session 2019-20, the college organized a **Hawan** on 22<sup>nd</sup> July 2019. Principal Dr. R.P. Singh along with all the staff members and students proffered prayers for the smooth and successful functioning of the new academic year. The Hawan was followed by a **welcome address** by the Principal. In his welcome address he motivated and inspired the students to keep their focus in studies and to follow the Code of Conduct Handbook to maintain discipline in the college. On this occasion the **meritorious students of the previous session were honored**.



## Activities at a Glance

G.M.N. College is committed to offering a holistic approach through learner-centered experiences. To this end the college organizes multifarious activities and motivates its students to engage intellectually, creatively, emotionally, socially, and physically.

## All hail!

To welcome the new students on the block and to make them familiar with the academic, cultural and social climate of the college the Department of Management organized an **Orientation Program** for

BBA Ist year students on July 25, 2019. With the same **objective an Interactive Party** was organized by the Dept. of Political Science for their post-graduation students on September 5, 2019.



**Pride of G.M.N**

The college takes pride in our performers whose hard work and diligence keep our flag flying high. Three students of **M.A. Political Science-Komal, Harpreet Singh, and Ashish** made the college proud by qualifying **UGC-NET exam** in the session 2019-20.



**Komal**



**Harpreet Singh**



**Ashish**

It is a matter of great pride for the college that our students secured positions in the top five in Kurukshetra University examinations. **Divyadeep of M.A. English stood 1st in the University** in the first semester exams. **Dhananjay of M.A. Political Science secured IIIrd position** in the University in the third sem. exams. **Nawal Preet Kaur of B.Com.(Hons.) stood IIIrd** in the University in the first sem. examinations. **Diksha of Political Science (Hons.) final year** and **Rabnoor of B.A Ist year also secured positions** in the

University Merit List.



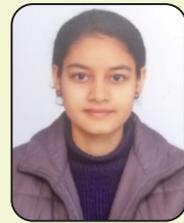
**Divyadeep**

M.A (Eng.) Ist Sem.  
Ist in KUK



**Dhananjay Kumar**

M.A (Pol. Sc.) 3rd Sem.  
IIIrd in KUK



**Navalpreet Kaur**

B.Com (Hons.) Ist Sem.  
IIIrd in KUK



**Rabnoor**

B.A. Ist Sem



**Diksha**

B.A. Vth Sem.

Our students made the college proud by bringing exuberant results at various Inter-college, State level and National level competitions. At the **State-level Poem Recitation Competition, Avni** of B.A IInd bagged **Ist position**. The competition was held at Arya P.G. College, Panipat on 5th March 2020. She stood **IInd** at the **State-Level Poetical Recitation Competition** held at Markanda National College, Shahabad, on 6th March 2020. She won **Consolation prize** at the **National level Poetic Recitation Competition** held at Tulsi College of Education for Women, Ambala City on 10th Feb. 2020. At another **State level Competition** held at M.D.S.D Girls College, Ambala City on 31st Sept. 2019 she **bagged consolation** prize.



**Rabnoor** of B.A Ist clinched the **IInd position** at the **National level Poetic Recitation Competition** held at Tulsi College of Education for Women, Ambala City on 10th Feb. 2020. At another **National level Competition** held at M.D.S.D Girls College, Ambala City on 20th Feb. 2020, she bagged **Ist position**. She secured **Ist position at State-Level Sanskrit Shlok**

and **Sanskrit Geet** competitions held at Kurukshetra University, Kurukshetra. She won **1st position** at the **State-level Poetical Recitation Competition** held at Markanda National College, Shahabad, on 6th March 2020.



At the **District-Level five-day Youth Red Cross camp** organized by the Indian Red Cross Society, Panchkula, the participants from our college won **1st prize in Solo Dance, Group Dance, Solo Song and bagged 11nd prize in Quiz competition.** The event was held at D.A.V. College, Ambala City from 4th to 8th November 2019.

Adding one more feather in the cap of the college, the **NSS unit** of our college bagged second position at the **Golden Jubilee NSS Day celebration** held at Kurukshetra University, Kurukshetra.



### Sports Meet

The college celebrated its **51st Annual Athletic Meet** on 6 March 2020. **Sh. Sandeep Singh, Hon'ble Minister of Sports and Youth Affairs, Government of Haryana** was the **Chief Guest on the occasion.** At the closing ceremony he gave away the prizes to the winners. **Arashdeep Singh from B.A 11nd year** was declared the **best athlete (Men)** and **Radhika from M.Com. 1st year** was declared the **best athlete (Women).** The meet was

inaugurated by **Sh. Jaswant Jain, Vice President, G.M.N College Trust and Management Society, Ambala Cantt.** **Guest of Honour** was **Sh. Ajay Baweja, Vice President, Cantonment Board, Ambala Cantt.**



### Clean India, Green India

- To fulfill the dream of having “Clean India, Green India,” GMN College organized a number of tree plantation and cleanliness drives both inside and outside the college.
- Tree plantation is not just something that should be done; instead it is the urgent need of the hour. To this end the **NCC cadets (Girls Wing)** of the college organized a **tree plantation drive** on 15th July 2019.



- To mark the occasion of '**Kargil Vijay Diwas**' a tree plantation drive was organized on 27th July 2019 by the **NCC unit (Boys Wing)**.



- NSS units** of the college organized a **One-Day Tree Plantation and Cleanliness Drive** camp on 30th July 2019 at GMN College, Ambala Cantt. The volunteers cleared the weeds and garbage in the green belt area adjacent to the wall of the college campus. Plantation of trees was also carried out in the green belt area. Volunteers also took the oath to always keep their surroundings clean and polythene free to attain the goal of "Swachh Bharat".



- Giving a push to the efforts to protect water sources the **NSS unit** of the college organized a **Water Conservation Campaign** on 30th July

2019 and a lecture on "**Save Water Dialogue**" on 31st July 2019.



- Eco-club** of the college organized a programme to create awareness on the "**Disadvantages of ChloroFluoro Carbon (CFC)**", at Government School, Babyal on 28th August 2019.



- A One-Day **Sanitation Drive** was organized by **NSS** in collaboration with **Sant Nirankari Mission, Ambala Cantt** on 30th Aug. 2019. To create awareness regarding cleanliness, NSS volunteers along with officers conducted a rally from G.M.N. College, Ambala Cantt. to Sant Nirankari Bhawan, Ambala Cantt. Volunteers then cleared the weeds and dried leaves from the huge lawns of Sant Nirankari Bhawan.





- In order to sensitize the students about the depleting Ozone layer, **Ozone Day** was celebrated by the **Biological Association** and the **Science Faculty** of the college on 16<sup>th</sup> Sept. 2019.



- To highlight the importance of **Waste Management**, a programme was organized by the **Youth Red Cross Cell** and **Eco-Club** of G.M.N. College at village KhudaKalan on 30<sup>th</sup> Sept. 2019.



- A **Cleanliness Drive** was carried out at various places by the **Departments of Political Science, Mathematics and English** on 23<sup>rd</sup> October 2019.



- In order to create awareness among the students and teachers regarding the bad effects of the usage of plastic, the **Department of Commerce** organized an awareness camp on the '**Usage of Plastic**' in collaboration with Government High School, Tundla on 23<sup>rd</sup> October 2019.



- Going ahead with the green drive launched by the students of G.M.N. College, the **NCC (boys unit)** in association with **Army Public School, Ambala Cantt.** carried out a **cleanliness campaign** by discarding plastic items and promoting sustainable resources on 7<sup>th</sup> Dec. 2019. The **NCC cadets** contributed towards the nation-wide campaign of **Clean India Mission** on 23<sup>rd</sup> January 2020. Besides, cleaning Ambala Cantt. Bus Stand area, the cadets also sensitized the public about keeping their environs clean.

### Academic Activities

To articulate the academic expectations of students and to make them independent, self-reflective and confident myriads of activities were organized in the college.

- In order to enhance the literary awareness of the students the **Department of English** organized a **Literary Quiz Competition** on 6<sup>th</sup> Aug, 2019.



- To improve the awareness of students on Indian freedom struggle a **Quiz Competition** on Indian National Movement was held on 14th August 2019 by the **Department of History**.
- **Department of History** organized an **Inter-College Declamation Competition** on the occasion of 73rd Independence Day of India.



- **Department of Sanskrit** celebrated **Sanskrit Diwas** on 16 Aug. 2019 by organising an Inter-college Shlok Uchcharan and Sanskrit song competition. Rabnoor of G.M.N College secured first position in Sanskrit Song Competition and IIIrd in Shlok Uchcharan.



- To commemorate Independence 73 "**Yaad Karo Kurbani**" programme was organized by the **Department of Hindi** on 26th August 2019. On this occasion patriotic song and speech competition was held by the department.



- An **Inter-college Quiz, Slogan writing and Speech Competition** was organized by the **Youth Red Cross Society** of the college on 31st August 2019.



- In order to develop scientific temperament among the students of different schools and colleges of Ambala District, a One Day **Science Awareness Programme** on the theme "**Science & Technology for a sustainable future**" was organized by the Departments of Botany & Zoology in collaboration with **Science Congress Association (ISCA) Rohtak Chapter** on 31st Aug. 2019. Dr. Jitender Sharma, Professor, Department of Biotechnology, Kurukshetra University was the Chief Guest on the occasion. Poster-making and slogan writing competitions were held at Inter-School and Inter-College level on this occasion.





- A **Punjabi Kavi Darbar** was organized by the Department of Punjabi on 8th September 2019 in order to facilitate Punjabi poetry and its aesthetics.



- To mark the importance of our mother-tongue and its rich literature the **Department of Hindi** organized 'Hindi Utsav' on the occasion of Hindi Divas on 12th September 2019. Various competitions like essay writing, photo writing and quiz were held on this occasion.



- The **Department of Commerce** in collaboration with the **Oriental Insurance Co. Ltd** organized a Speech Competition on 31st Oct. 2019. Theme of the Speech Competition was – “**Integrity – A Way of Life.**” The aim of this competition was to propagate the awareness of ill – effects of corruption amongst the students.



- **Constitution Day** was celebrated to commemorate the adoption of the Constitution of India by the **Department of Political Science** on 26th November 2019. A pledge taking ceremony was conducted on this occasion and the students paid tribute to Dr. B.R. Ambedkar, founder of the Constitution of India.



- To curb the rising menace of drug abuse and to create awareness among the masses regarding the harmful effects of drugs, a Poster making Competition on “**Drug De-addiction**” was organized on 15th January 2020 by **Women Cell** of the college.

### Learning through ICT

The college adopts a multi-dimensional approach towards learning by integrating the conventional learning with the innovative pedagogy. The innovative methodologies adopted are laced with digitalization by making use of ICT enabled teaching using strong **Learning Management System (LMS)** and e-resources thereby making teaching-learning more interesting. To put impetus to ICT enabled teaching-learning teachers made use of **power point presentations** in explaining topics to the students and also uploaded their lectures on **YouTube**. In conducting various extra-curricular activities also the use of ICT tools was inevitable.

- **Internal complaints committee against sexual harassment of women at workplace** presented a documentary on sexual harassment of women at workplace (Prevention, Prohibition, and Redressal Act 2013) on August 10, 2019.



- To raise awareness about drugs related issues an **Online Extension Lecture on 'Drug De-addiction'** was organized by **Women Cell** on 26th August 2019. The lecture was delivered by Dr. Jasbir Singh from USA.



- An **Online Extension Lecture on "Leadership Quality"** by Dr. Jasbir Singh from YARI International, USA was organized by the **Department of Political Science** on 26th August 2019.



- A **short film on the literary contribution of Nagarjunawas** screened by the **Department of Hindi** on 26th September 2019.



- Focusing on ICT-based education, an **Inter College documentary competition** was organized jointly by the **Department of Mass Communication and the Dept. of Management** in collaboration with **Doordarshan Prasar Bharti** on Sept. 27, 2019. On this occasion the guest of honour was Dr. Ashok Pandita, Former Senior Broadcast Engineer, Prasar Bharti. G.M.N. College secured first place in this competition.



- The **Alumni Cell** of the college in association with **Raj Vidya Kendra** presented '**Peace is Possible**' a video presentation by Mr. Prem

Rawat (International Peace Ambassador) on the message of “Peace and Humanity” on 13th February 2020.



- A **movie-screening** of 'The Merchant of Venice' was conducted by the **Department of English** on 19th February 2020 for the students of BA III.



- To commemorate the **National Science Day** a **PPT competition** was held by the **Dept. of Physics** on 29 Feb. 2020. On this occasion Principal Dr. Raj Pal Singh highlighted the importance of Physics in various spheres of life through his Power Point Presentation on the topic “Basic Physics.”



## IGNOU

Since its inception IGNOU Study Centre at the college has been providing opportunities and access to the students of Ambala and neighbouring region through Open and Distance Learning format. The Regional center at the college has been continuing to provide support and guidance towards higher education. With the purpose to make the new entrants acquaint with the functioning of the programme **IGNOU Induction Meeting** was held on 14<sup>th</sup> Oct., 2019. Besides fulfilling its academic responsibility, the IGNOU Study Centre at the college also performed its responsibility towards environment. The Study Centre conducted a **tree plantation drive** on 29th Aug., 2019. It also organized a **cleanliness campaign** on Feb. 16, 2020.

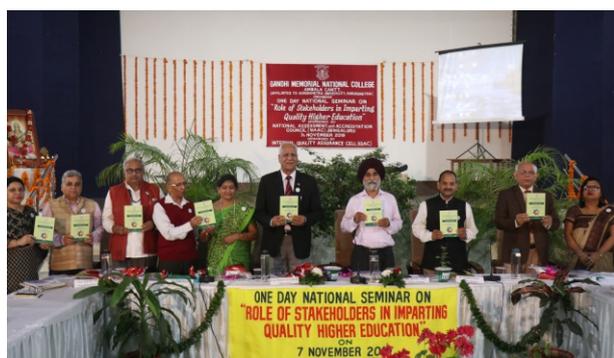
In the times when educational institutions are closed due to COVID-19 pandemic the IGNOU Study Centre at the college has taken to online platforms to impart education. Lectures were conducted for IGNOU learners through Zoom meeting/Facebook page live and Google live during lockdown



## Activities by IQAC/NAAC

The Internal Quality Assurance Cell (IQAC) in any institution is a significant administrative body that is responsible for all quality matters. The IQAC in the college also played an important role in initiating, planning, and supervising various activities to improve the quality of education as per the guidelines of NAAC, Bengaluru. The IQAC in the college organized a number of seminars to acquaint the faculty members with the seven criteria of NAAC and to illuminate them with the deliberations upon the requirements of NAAC by the experts in the field.

- A **One Day Seminar** on “**Quality Initiatives in Curriculum Enrichment**” was organized by IQAC on 22 July 2019. In this seminar Criterion I was discussed extensively by the speakers. Dr. Gurdev Singh, Vice President, Governing Body, G.M.N College, Ambala Cantt. presided over the seminar and gave his deliberations on curriculum planning and implementation so as to upgrade the score of college.
- In order to facilitate research-based learning and NAAC related training, the IQAC of the college organized a **One Day National Seminar** on “**Role of Stakeholders in Imparting Quality Higher Education**” on 7<sup>th</sup> Nov. 2019. The seminar was sponsored by NAAC, Bengaluru.



- A **One Day Seminar** on the topic “**New Guidelines for SSR- Jan.2020**” was organized by IQAC of the college on Feb. 15, 2020. Dr. Dinesh Kumar, IQAC Co-ordinator, Kurukshetra University, Kurukshetra was the chief speaker. The objective was to understand critically the new guidelines and latest metrics of Self Study Report (SSR) given by NAAC, Bengaluru.



- **IQAC** of the college in collaboration with the **Department of English** organized a One Day Workshop on “**Public Speaking and Communication Skills**” on March 2, 2020. Dr. Anshu Chaudhary and Dr. Jyoti Sorout, Assistant Professors, G.M.N College, Ambala Cantt. were the Resource Persons in the workshop.



## Festivals and Celebrations

- **Hariyali Teej** was celebrated in the college auditorium on 2 August 2019 with great fun and frolic. A great many number of students participated in Mehendi competition, cooking competition and Rangoli making competition. The event was successfully organized by the **Women Cell** of the college.



- Our **73rd Independence Day** was celebrated in the college premises with great patriotic fervour and enthusiasm on 15 August 2019. Principal Dr. Raj Pal Singh hoisted the national flag. NCC cadets of the college demonstrated their skills in the March Past ceremony in which Dr. Raj Pal Singh honored them with various titles and ranks.



- **Lohri Festival** was celebrated by the Dept. of Commerce with great pomp and show on January 14, 2020. The faculty members of all the departments along with the students had great fun and enjoyed the event to the fullest.



- The college celebrated our **71st Republic Day** on 26 Jan. 2020. The day began with a march past by the NCC cadets. Principal Dr. R.P. Singh then hoisted the tricolor and everybody sang the National Anthem. A group song was also presented by the students under the able guidance of the Music Dept. Principal Dr. Raj Pal Singh then enlightened and motivated the audience with his inspirational speech.



### Extension Lectures at a Spree

Apart from delivering excellent academic content and development of skills through practical experiences the students are encouraged to develop interpersonal

skills through interaction with knowledgeable resource persons. With this objective a battery of extension lectures was organized in the college in the academic year 2019-20.

- With the motive to prepare the students to face interviews confidently, an Extension Lecture on “**Interview Skills**” was organized by the **Department of Management** on 26th July 2019. Dr. Simranpreet Singh Gulati, Director, Logic Infinity Services (LIS), Yamunanagar, was the keynote speaker on the occasion who discussed various skills sets, preparation and research required for facing an interview.



- The **Department of Music** organized an Extension lecture on “**Sangeet Me Riyaaaj Ka Mahatav,**” on 27th July 2019. The keynote speaker, Dr. Alankar Singh from Punjabi University, Patiala gave his deliberations on the topic.



- An Extension lecture was organized by the **Department of History** on 30th July 2019. Senior Professor, Department of History, Kurukshetra University, Kurukshetra was the Key-Note Speaker who gave his deliberations on “**History as a Subject.**”



- An Extension Lecture on the topic “**Career in Media**” was organized by the Department of **Mass Communication & Video Production** on 30th July 2019. Mr. Dharamvir, Bureau Chief, Hari Bhumi was the speaker of the day.
- With the aim to guide the students about the various options of careers that the students can opt after graduation an Extension Lecture on “**Careers after Graduation and Personality Development**” was organized by the **Department of Commerce** on 26th August 2019. The speaker of the day was Mr. Ravinder Gulati from Bulls Eye, Chandigarh.



- An Extension lecture by Dr. I.D. Shukla, former Principal of G.M.N. College, Ambala Cantt. and present-day Executive Member of the college Governing Body was organized by the college under the able guidance of Principal Dr. R.P Singh on 28th August 2019.



- **Department of Management** in collaboration with **Gagan Coal Pvt. Ltd. Ambala Cantt.** conducted an extension lecture for B.B.A and B.COM students in which Mr. Mohinder Singh, Director, Gagan Coal Pvt. Ltd., delivered a lecture on the topic **“Entrepreneurship Development”** on 29<sup>th</sup> Aug. 2019.



- The Department of English organized an Extension Lecture on the **“Relevance of Literature in Present Day”** by the noted ex-professor of English Sh. A. S. Mahajan Executive member, G.M.N. College, Covering Body on 2 Sept. 2019.



- An Extension lecture on **“Drug de-addiction”** was organized by the college on 31st Aug., 2019. The distinguished speakers on this occasion were Sh. Alok Kumar Roy, ADGP, Sh. Abhishek Jorwal, SP and Sh. Ram Kumar, DSP, Ambala.



- An Extension Lecture on **“Knowledge Sharing Program”** was organized by the **Department of Commerce** in collaboration with Placement Cell for Commerce students on 12th Sept. 2019. Ms. Ekta Chauhan from IBS (ICFAI Business School) was the Resource Person on this occasion. She shared her knowledge on **“Building a Resume that gets Attention”** in which she focused on essential points that should be considered while preparing a Resume.



- The **Department of Chemistry** organized an Extension Lecture by Prof. Harish Sharma, Department of Chemistry, Kurukshetra University, Kurukshetra on 18th September 2019. He delivered his lecture on the topic **“Emerging Opportunities in the Field of Chemistry.”**



- An Extension Lecture –cum- Experimental workshop on “**Innovative Experiments in Physics**” was organized by the Department of Physics on 27th September 2019. The Keynote speaker Prof. Manmohan Singh performed various experiments of general life physics. The Resource Person for the second session, Dr. Inderjeet Singh Sandhu from Chitkara University, Rajpura, Patiala, explained the topic “**Fundamentals of Nanoparticles and its Application**”.



- To motivate and guide the NCC cadets for the great “Service to the Nation,” the **NCC units** of the college organized an Extension Lecture on “**Entry into Defence Services**” on 21st January 2020. Col. L.S. Bisht was the chief speaker on this occasion.
- **Alumni Cell** of the college organized an Extension lecture on “**Spoken English, Personality Development and Military Training**” on 22nd January 2020. A team of **Mind Map Institute** including Mr. Inderbir Singh, Mr. Ajinder Pal Singh, Ms. Shilpy and Maj. (Retd.) Shivkami Nathan enlightened the students on this occasion.



- An Extension Talk on “**Dynamics of Party System and Federalism in India**” was organised on 19<sup>th</sup> Feb., 2020 by the **Department of Political Science**. Prof. Ranbir Singh, Research Fellow, Institute of Social Science, New Delhi presided over as a guest speaker.

- **Legal Literacy Cell** of the college organized an Extension lecture on “**Legal Knowledge to Students about Basic Fundamental and Women Rights**” on Feb. 24, 2020. The key note speaker was Dr. Surinder Kalyan, Principal, Lala Ami Chand Monga Memorial College of Law, Ughah (Ambala).



- **Women Cell** of the college joining hands with the **Lakme Institute, Ambala City** organised an extension talk on 'Hair and Skin Care Treatment' on 3<sup>rd</sup> March 2020.

### Professional Training Programme

Keeping in view the growing interest of students in the field of beauty and wellness, **Women Cell** of the college in collaboration with **Orane International** organized a **Professional training programme** on “**Make-up and Hair Styling**” on 24 Jan. 2020.



### Community Outreach Activities

Community Outreach activities aim to support community based activities that address a real need as identified by the community. These activities include partnerships between students, faculty, staff and the wider community. Such activities strive to support student development while enhancing skills and knowledge to serve in diverse communities. To serve this purpose the college organized a great many number of Community Outreach activities.

- An Extension Lecture on “**Health and Hygiene**” was organized by **Women Cell** in collaboration with **Health Department, Civil Hospital, Ambala Cantt.** at Govt. School, Tundla on 20th July 2019. In the programme Dr. Joginder, Dr. Princy, and Dr. Anmol presented their expert opinions on the issues of health and hygiene.



- Department of English organized a sensitization programme on “**Health, Hygiene, Cleanliness and Waste Management**” at Govt. School, B.C Bazaar, Ambala Cantt. on 27th July 2019. On this occasion the students of GMN College sensitized the students of Government School by showing them power point presentations.



- On the occasion of World Hepatitis Day, **Women Cell** of the college in collaboration with **Health Department, Civil Hospital, Ambala Cantt.** organized a **Health Checkup Camp** at Govt. High School, Kalarheri, Ambala Cantt. on 27th July 2019.



- To make people aware about the terrible disease of Cancer, **Youth Red Cross Cell** of the college in collaboration with **Sneh Sparsh Rotary Cancer and General Hospital, Ambala Cantt.** organized a one-day **Cancer Awareness Camp** at village Khuda Kallan on 30th July 2019.



- On the occasion of **International World Senior Citizen Day**, **Hindi Department** of the college organized **poetry recitation** at **Vridhdh Ashram 'Apna Ghar'** on 21st August 2019. The aim was to reduce the loneliness of the elderly and to share their feelings and experiences.



- The **Department of Chemistry** organized a One-day Workshop on “**Testing of Adulterants in Daily Food Items**” at Farooka Khalsa Sr. Sec. School, Ambala Cantt on 28th August 2019.



- The **Department of Sociology** paid a visit to **Samman Kendra (Old Age Home)** to make the senior citizens aware about the Govt. Schemes for senior citizens on 29th August 2019.



- The Departments of Music and Psychology jointly organized “**Music Therapy workshop**” at **Bal Sudhar Grah, Ambala City** on August 31, 2019. Music therapy was a kind of clinical intervention through the use of musical instruments. The juvenile delinquents were motivated to channelize their energy in positive direction for the growth of the nation.



- A rally on “**Drug Abuse**” was organized by the Department of Political Science on 6<sup>th</sup> Sept., 2019.
- The **Department of Chemistry** organized a workshop for the students of Government Senior Secondary School, Babyal on “**Checking Hardness of Water and Purity of Milk and Milk Products**” on 19th September 2019.
- **Women Cell** of the college in collaboration with village Shahpur and village Bandi organized a programme on “**Adult Education**” at village Shahpur, Ambala on 1st October 2019. The student members of 'Women-the Warriors' group appealed to the adult villagers to educate themselves and become independent.



- The **Departments of Commerce and Management** jointly organized a One-day **Industrial visit to TI Cycles of India**, located in Sandharsi village, Rajpura on 22nd Oct. 2019. The aim was to enhance the practical knowledge of the students and to give knowledge of working in a cycle plant.



- A **Seven-Day NSS Camp** was organized at the adopted village Khuda Kalan from 03-10 January 2020. During the camp, the volunteers engaged themselves in selfless service towards the community. First Aid Training, Nekika Dwar campaign, Poster Making Competition, Awareness Rally held in the village were the highlights of the camp.



- Vivacious volunteers of **Women Cell** held a rally on “**AIDS Awareness**” and sensitized the masses about HIV and AIDS on 16th January 2020.

- The Department of English organized a **visit to Roti Bank, Civil Hospital, Ambala Cantt.** on 25th January 2020. During this programme, the college sponsored a lunch for the in-house patients of the hospital and the students contributed to community service by serving them.



- In addition, the Department of English organized a **Nukkad Natak** on the issues of Women Empowerment, Say No to Plastic, Acid Attacks, and Dowry at Ambala Cantt. Railway Station in the midst of an enthusiastic crowd and continuous cheer on 18<sup>th</sup> Feb., 2020.



- A **'Health and Eye Check-up'** camp was organised by the Department of Mathematics Women Cell, Commerce Dept., Dept. of Management and Youth Red Cross in collaboration with Civil Hospital, Ambala Cantt. at village Tundlaon 28th Feb. 2020. Dr. Rajesh and his team from Civil Hospital, checked eyes and blood sugar of around 150 villagers and school students.



- NCC units** of the college organised a campaign on **"Beti Bachao Beti Padhao"** in collaboration with Gram Panchayat Ugara on 4<sup>th</sup> March 2020. The aim was to motivate the villagers to educate their girls for their bright future and the growth of society.



### Educational Excursion

In order to enhance the historical insights of the students, the **Department of History** organized a historical tour of students to the museum of Haryanvi culture and heritage – **Dharohar**, Kurukshetra University, Kurukshetra on 13th February 2020.



### Seminars/ Workshops/Conferences

To cultivate the research based learning numerous seminars, workshops and a conference was organized by the college where prominent people from the academia amongst others engrossed the inquisitive minds of the college.

- To create awareness about the adulterated food which is a big challenge today a One Day workshop on **“Food Adulteration”** was organized by the Science Faculty in collaboration with Ambala Colleges of Engineering and Applied Research, Mithapura G.M.N College on 09<sup>th</sup> August 2019.



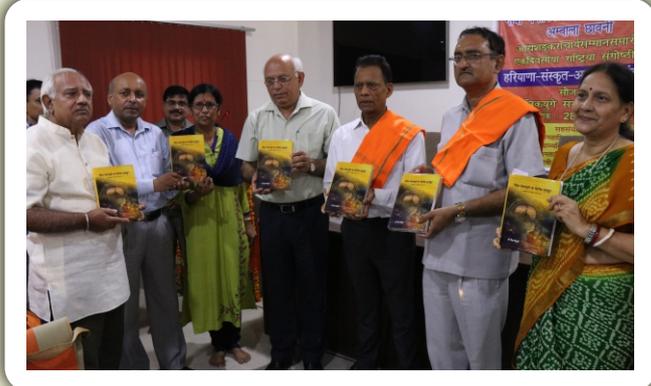
- Department of Computer Science and Application organized a workshop on the topic **“The Wizard of Python”** on 14 Aug. 2019. The workshop was conducted in association with the software company **“The Mapping Skills”** from Noida. Mr. Shiv and Mr. Abhinav from the company taught the students about the basics of Python Language, data science and machine learning.



- The **Legal Literacy Cell** of G.M.N College organized a workshop on **“Legal Literacy”** on 20th August 2019. Dr. Danish Gupta, C.J.M. was the chief speaker on the occasion. He illuminated the audience about the role of the District Legal Services Authority and its relevance for common citizens.



- A One – Day Interdisciplinary **National Seminar** on the **“Importance of Sanskar in Modern Era”** sponsored by **Haryana Sanskrit Academy** was organized by the Department of Sanskrit on 28 August 2019.



- A two-day workshop on the topic **“Standardization & Calibration for Realization of Skill India, Make in India & Start-up India”** (flagship programs of Govt. of India) was organized by the **Placement Cell** in collaboration with **Haryana State Electronics Development Corporation (HARTRON)** on 3– 4 October 2019.



- Departments of Botany and Zoology jointly organized a National Seminar on **“Challenges to Biodiversity Conservation and Sustainable Development”** on 13th December 2019.
- A workshop on **“Child Psychology”** was organised by the Department of Computer Science on 10th January 2020. Dr. Komal Rai, Assistant Professor, Dept. of Psychology, Lovely Professional University was the Resource Person on this occasion.



- The **Department of Psychology** organized a **three –day CRE National Workshop on “Positive Parenting and Character Strength”**. The workshop was held from 29-31 January 2020.



- To make the students understand the Do's and Don'ts in a Resume, a workshop on **“Resume Writing and Interview Skills”** was organized by Department of Commerce on 12th Feb. 2020. The Resource person for the workshop was Professor Reetika Madaan (from Amity University, Chandigarh).



- A two-day National Conference on **“Plagiarism and Academic Integrity in Higher Education”** was organised by Library of G.M.N. College in collaboration with Haryana Library Association (HLA) on 26-27 Feb. 2020.



- The Department of Sanskrit organized a ten-day camp and workshop **“Sanskrit Sambhavan Shivir and Karyashala”** from 27th February to 5th March.
- A two-day National Seminar on **“Relevance of Sir Chotu Ram's Philosophy in the 21st Century”** was organised by the Department of Political Science on 28-29 February 2020.



- A workshop on **“Unconventional Career”** was organised by the **Department of Computer**

**Science** on March 5, 2020. Mr. Dharamveer Dheer, Assistant Director, Division of Admission, Lovely Professional University was the Resource Person on this occasion.



### Youth and Cultural Affairs

To give a platform to students to showcase their talent and build confidence a **Talent Hunt Competition** was organised by the Cultural Committee on 13th and 14th Sept. 2019. Students of first year actively participated in different events such as Quiz, Debate, Speech Competition, Painting, Mono-acting, Mimicry, Poetry, etc.



The students of G. M. N. College proved their mettle in the **Zonal Youth Festival** held at Ambala Engineering College, Mithapur, where they got **4 recommendations and 12 commendations**. At the **Inter-Zonal Level** held at S.D. College, Ambala Cantt. our students bagged **1 recommendation and 4 commendations**.



At the **Haryana Youth Festival** held on Jan. 8, 2020, **Tushar** from B.A. IInd made the college proud by winning **first prize in Guitar Vadan**. At the **National Open Youth Festival** held in Lucknow he secured **fourth position in Guitar Vadan Pratiyogita**. At the **International Open Youth Festival** held in Jaipur from 13th to 15th February 2020 he made the college proud by winning the **second position**.



At the **National Level Classical Music Competition SUR-TARANG** held at Kurukshetra University on 1st and February 2, 2020, **Rabnoor** of B. A. Ist year bagged **1st prize in Classical Vocal** and **Rahul** of B.A.IIrd secured **IIIrd prize in Classical Instrumental**. In recognition of her performance in SUR-TARANG competition, Rabnoor was awarded Rs. 20,000/- by Shri. Sandeep Singh, Hon'ble Minister of Sports and Youth Affairs, Government of Haryana.



At a **State Level Online Dance Competition** organized by Maharani Lakshmi Bai College, Bhiwani, during lockdown period due to COVID-19, Rabnoor of B.A Ist won 1st position.

### Sporting Laurels

In what may be termed as a moment of pride not only for the college but for the entire nation, our student **Gaganjoot Gill** of B.A Ist won **Silver Medal in Taekwondo in South Asian Games held in Kathmandu, Nepal**, from 1st -10th December 2019.



In the **Inter college fencing - foil event (Men)**, **G.M.N. College bagged second position**. **Chirag** of B.ComIst won **Gold Medal in fencingfoil event(Individual)** and **Ankit** of BCA IInd and **Shubham** of B.Com. IInd won **IIndpostion in fencing foil event (team)**. The event was held at Guru Nanak Khalsa College (GNKC), Yamunanagar, on 21st-22nd Dec.2019.



**G.M.N College secured first place in the Inter-college Artistic Gymnastic (Women)** held at Kurukshetra University, Kurukshetra, on 23rd -24th Jan. 2020. **Rashika** of B.A IIIrdwon the **All-round Best Gymnast award** and won **1st position in 5 events**. **Nirmal** of B.A.IIInd also won the **All-round Best Gymnastaward** and **secured 1st position in 1 event**, IInd in 2 and IIIrd in 1 event. **Radhika** of B.A IIndclinched the **1st** and IInd position respectively in 2 events. **Sanjana, Mansi, and Sakshi** of B.A Ist, secured **1st position in team game**.

**The college also secured first position in Inter-college Rhythmic Gymnastics (Women)** held at Kurukshetra University, Kurukshetra, on 23rd -24th Jan. 2020. **Priyanka** of B.A Istwon the **All-round Best Gymnast award**. She stood **first** in one event, IInd in 1 event and IIIrd in 3 events. **Megha**(B.A. IInd), **Radhika** (M.Com. Ist) and **Jyoti**(B.A Ist) **secured 1st position in team game**.



In the **Inter-college WUSHU** competitionheld at Kururukshetra University on 30-31 Jan. 2020, **Sourabh**of B.A IIndstood IInd and **Shubham** of M. A. II (Pol. Sci.) secured IIIrd position.

In **All India Inter-University Gymnastic championship (team)** held in Amritsar from 14 to 16 March 2020, **Ritik** of B.A IInd and **Jitender** of B.A Ist got **second position in team game**.

**Radhika** of M.Com. Ist participated in All India Inter-University Soft ball event (women) held at Punjabi University, Patiala from 4th to 6th March 2020. **Chirag** of B.Com. Ist participated in All India Inter-University fencing event held at Jammu University, from 28th Dec. 2019 to 2nd Jan. 2020. **Neha** of B.A. IIIrd participated in North Zone Inter University Handball tournament held in Bilaspur from 19th to 23rd Oct. 2019. Kudos to all our students, who participated in the events and gave their best efforts.

### Health is wealth

“A sound mind resides in a sound body”

To spread the benefits of Yoga, **International Yoga Day** was celebrated on 21 June 2019 with full zeal and enthusiasm on the college premises. The event was organized by the **NCC unit** of the college.



To continue the spirit a **Yoga workshop** was organized in the college by the **Department of Health and Physical Education** on 22 October 2019. The aim was to promote this ancient healthy practice and to make the students proficient in yoga asan as.



### Just Play

Games and Sports help us to stay fit and energetic. In order to encourage this healthy practice among the staff, the Department of Health and Physical Education organized **Badminton games and**

**Cricket Match for the teaching and Non-teaching staff members.** The staff members participated enthusiastically and enjoyed every bit of it.



### Social Concern

To recognize the efforts of the world's youth in enhancing global society and to engage them in making positive contributions to their communities, the Department of Sociology, NCC, NSS, Red Ribbon Society, Red Cross Society and Women Cell jointly celebrated **International Youth Day** in collaboration with Haryana Aids Control Society, Panchkula on 07th August 2019.



Elections in India are considered to be the biggest democratic festival and in order to make our young voters aware of this constitutional right and its importance a **“Voter Awareness Campaign”** was organized by the Dept. of Political Science on 27th Sept. 2019. One such campaign was organized in the college on the occasion of **National Voters Day** on 25 Jan. 2020. NSS, NCC, Dept. of Political Science, and Dept. of Health and Physical Education jointly organized this programme. The students were encouraged to exercise their right to vote in the elections for the better future of the country.



A rally to create awareness on “**Drug Abuse**” was organized by the Department of Political Science on 27th January 2020.



Blood donation is the noblest cause and a regular feature of our college. In this series a **Blood Donation Camp** was organized in the college on 29 January 2020 by the Alumni Cell and the students were motivated to donate blood as it helps the needy and has no negative repercussions.



**Information regarding passport application and renewal of passport** was provided by the Electronics Dept. in collaboration with Passport Office, Ambala City, on 4<sup>th</sup> March 2020.



As per the guidelines of Indian Red Cross society, Haryana State Branch, Chandigarh, a **Ten-Day “First Aid and Home Nursing” training camp** was organised by the **Youth Red Cross Cell** of the college from 3<sup>rd</sup> to 12<sup>th</sup> March 2020.



### Placement @G.M.N

In order to smooth the progress of the students' career and to provide the students job opportunities, the Placement Cell of the college conducted two placement drives on 10<sup>th</sup> Feb. 2020 and 5<sup>th</sup> March 2020 respectively. A total number of 287 students participated in the drives out of which 164 got placed

in prestigious companies like **HDFC Life, Dreamz Group, Sachdeva Resource Management (SRM) for Max Life/Renewbuy.**



### Scholarships

**Scholarship distribution function** was organized by G.M.N College Trust and Management Society on 16 September 2019. **Brig.(Retd.) Dr. Rahul Trehan**, President, G.M.N. College Trust and Management Society, his mother **Mrs. Vidyotma Trehan** and his wife **Mrs. Kavita Trehan**, were the Chief Guest of the function. **31 needy and deserving students, 17 fatherless girl students and 2 girl students of M.A. Political Science received scholarships worth Rs. 2.25 lakhs during the function. The Sita Ram Jindal Foundation conferred a scholarship of 27000 rupees on four students of G. M. N. College on 6 Jan, 2020.**



### Faculty Achievements

**Dr. Surender Kumar, Counsellor (YRC)** was honored with **MERIT CERTIFICATE (State Award)** for his excellent work in Youth Red Cross for the year 2018-19 by Indian Red Cross Society and St. John Ambulance (India), Haryana State Branch. He was felicitated by **Shri. Satyadev Narayan Arya the Hon'ble Governor, Govt. of Haryana**, on 30th Aug. 2019 at Haryana Raj Bhawan, Chandigarh.



**Dr. Rakesh Kumar** was awarded **Adarsh Vidhya Saraswati Rashtriya Puraskar** by Global Management Council(Glacier Journal Research Council) on 1st June 2019. He was also conferred with **Letter of Recognition and National Award of Excellence** for being one of the 'The Best Teacher' in the country on 1st June 2019. Adding one more feather in his cap he received **Certificate of Appreciation** award at the **6th CMSB National Awards (Council for Media and Satellite Broadcasting)**, Delhi on 15th Dec. 2019. He was also given the **Award of Achievement**, for bagging **first position in category SWACCH BHARAT** of group College Level in "Idea House - I Love My India" Competition on 24th Jan. 2020.

**Dr. Rajinder Deswal** received **Appreciation Certificate Award from Vishv Samvad Parishad** for demonstrating his commitment to promote safety and prevention awareness program from corona virus disease on 1st May 2020.

**Dr. Parvesh Kumar** obtained Ph.D. degree on the topic "**Gandhi Darshan Evam Samsamayik Rajniti: Ek Adhyan**" from the School of Studies in Political Science and Public Administration, Vikram University, Ujjain, (M.P.) in 2019.

### Teacher Training Programmes organized by the college

A **Professional Development Program** on "**How to Access ERP**" was organized by the Department of Computer Science & Applications on 17 July, 2019. Due to a constant change in

education landscape, it has become mandatory for higher education institutions to adopt the latest education ERP solution to handle all academic & non-academic activities effectively. Keeping this in mind, **ERP system has been implemented in the college** and a training session was conducted to demonstrate how to access different modules by the Teaching and Non-Teaching staff members.



### Online Programmes during Nationwide Lockdown due to COVID-19

#### FDPs

To upgrade the knowledge of teachers for developing e-content and to improve their teaching learning skills two Faculty Development Programmes (FDPs) were organized by the college during lockdown.

- A **5-day Faculty Development Programme** on the topic “**Moodle**” was organized by **Internal Quality Assurance Cell (IQAC)** of the college in association with **IIT Bombay Spoken Tutorials** from April 27, 2020 to May 1, 2020.
- A **5-day FDP** on “**E-Content Development**” by Dept. of Computer Science and Application in association with **International Institute of Organized Research (I2OR)**.

#### Webinars

To support the educators during COVID-19 lockdown and to push the efforts to convert challenges into opportunities the college conducted a number of Webinars.

- A **One Day International Webinar** on the topic “**Psychosocial and Political Impact of COVID-19**” was organized by the Departments of Psychology and Political Science in association with **YARI International** on 29th May 2020. The invited speakers were Dr. Jasbir Singh Lohan, Life Coach and Motivational Speaker, President Yari

International (California, U.S.A.) and Alexandria Jessica Cuevas, Director of International Affairs (California, U.S.A.).

- A Webinar on the topic “**Relationship between Law and Social Change**” was conducted by the **Legal Literacy Cell** of the college in collaboration with **RIMT University**, Mandi, Gobindgarh on June 5, 2020. The speaker of the day was Dr. Satyapal Singh Salooja, Dean, School of Legal Studies, RIMT University, Mandi, Gobindgarh.
- A **National Webinar** on the topic “**Corona virus: Myth Exploded**” was organized by the **Alumni Association** of the college on June 8, 2020. The Keynote speaker was An Alumnus of the college, Dr. Brig. Rahul Trehan (Retd.), President, G.M.N College Trust and Management Society, was. Another Alumnus of the college, Dr. Raj Kumar Sharma, Consultant Cardiologist, RKM Hospital, Ambala City enlightened the participants as the Resource Person.
- A Webinar on the topic “**Forensic Science: A Fascinating Career**” was organized by the college in collaboration with RIMT University, Mandi, Gobindgarh on June 6, 2020. Dr. Mandeep Singh, Director Academics, RIMT University, Mandi, Gobindgarh, was the Keynote speaker on the occasion. Dr. O.P. Jasuja, Professor and Head, Dept. of Forensic Science, RIMT University, Mandi, Gobindgarh illuminated the audience as the Resource Person.
- **Haryana Sanskrit Academy, Panchkula**, in association with the **Dept. of Sanskrit, G.M.N College, Shri Krishna Ayush University, Kurukshetra** and **R.I.M.T. Mandi, Gobindgarh** organized a **One Day Interdisciplinary International Webinar** on 17<sup>th</sup> June 2020.
- National Webinar on “**Pandemic Vis a Vis Environment**” was organized by the Dept. of Public Administration in collaboration with RIMT University, Mandi, Gobindgarh on 18<sup>th</sup> June 2020. The keynote speaker was Dr. Gursharan Singh, Dean School of Agriculture Science and Technology, RIMT University, Mandi, Gobindgarh.
- The **Department of Hindi, G.M.N College, Ambala Cantt.** in collaboration with **Global Hindi Sahitya Shodh Sansthan** organized a **One Day International Webinar** on 20<sup>th</sup> June 2020.
- International Webinar by Dept. of Sanskrit and Dept. of Physical Education of the college is on 24<sup>th</sup> June 2020 in collaboration with Haryana Sanskrit Academy, Shri Krishna Ayush University, Kurukshetra and Arya Girls College Ambala Cantt.
- A **National Webinar** on “**Challenges and Opportunities in Higher Education after COVID-19**” was organized by **IQAC** and **Alumni Cell** of the college in collaboration with **RIMT University**, Mandi Gobindgarh on 30<sup>th</sup> June 2020.

Prof. S.P. Singh, Former Vice-Chancellor, GNDU, Amritsar, was the Chief Guest in the webinar. The Keynote speaker was Prof. A.S. Chawla, Vice Chancellor, RIMT University, Mandi, Gobindgarh. Guest of Honour was Prof. Kuldeep Singh Dhindsa, Renowned Scientist of International Repute and Alumnus of the College.

- A National Webinar on “**Role of Mass Communication in Social and Cultural Awareness**” was organized by the **Dept. of Mass Communication** in collaboration with **RIMT University**, Mandi, Gobindgarh on 30th June 2020. The Keynote speaker was Ms. Anjali Verma, HOD, School of Mass Communication and Media Technology, RIMT University, Mandi, Gobindgarh. Resource Person was Ms. Archana Sharma, Assistant Professor, School of Mass Communication and Media Technology, RIMT University, Mandi, Gobindgarh.

### Online Competitions

- An **Online Quiz** based on pandemic “**COVID-19**” was organized by **Internal Quality Assurance Cell (IQAC)** of the college.
- Departments of Physics and Chemistry, Gandhi Memorial National College, Ambala Cantt. organized an **Online National Level Science Quiz**.
- An **Online Inter-College State level “COVID-19 Competition on Nature Photography, Poster Making and Slogan Writing”** was organized by the Departments of Botany and Zoology.
- A **National Level Online Music Quiz** was conducted by the Department of Music.
- An **Online Quiz Competition** was organized by the Departments of Sanskrit and Hindi.
- A **State-level Online Poster Making Competition** was organized by the Department of Mathematics.
- A **State level Inter College Speech Competition on “Post-COVID-19 India” and a Quiz competition** was conducted by the Department of Political Science.
- Dept. of Hindi organized National Level Short Story Writing Competition.
- An **Online Inter-College National Level Competition on Story Writing and Slogan Writing** was organized by the Department of Management in collaboration with Women Cell.
- An **Online National level PPT Competition** was held by the Dept. of Computer Science on the topic “**Role of Information Technology in the Crisis of COVID-19.**”
- A **National Level Inter College Power-Point Presentation Competition** was organized by the

Departments of Management and Commerce.

- Dept. of Sociology organized an **Online Paper Writing Competition on “Impact of COVID-19 Outbreak on Domestic Violence in India: Challenges and Solutions”**
- A **State Level Online Speech Competition** was organized by **NCC Units (Boys and Girls) on 15<sup>th</sup> June 2020.**

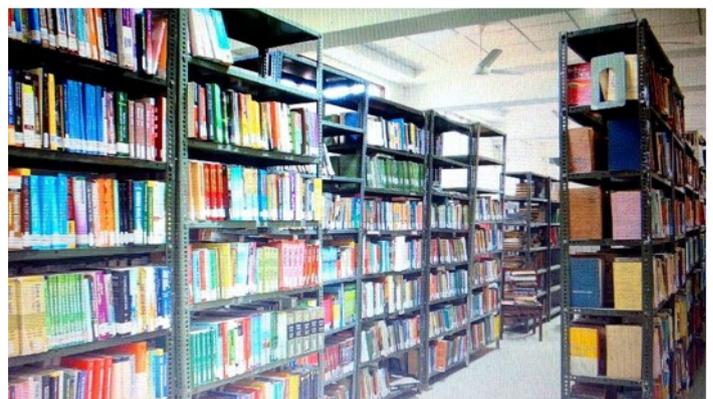
### Awareness Activities organized during COVID-19

- NSS Volunteers prepared masks at home and distributed to the villagers during an awareness programme on 17<sup>th</sup> April 2020.
- Dept. of Music organized an awareness programme “**Muskurayega India**” on 26<sup>th</sup> April 2020.
- Red Cross volunteers distributed the masks to the villagers of Rampur during an awareness programme on 2<sup>nd</sup> May 2020.
- NSS Volunteers arranged Online Oath taking ceremony to celebrate Ant-Terrorism Day on 21<sup>st</sup> May 2020.
- Homeopathic medicine was distributed in three adopted villages the college- Khuda Kallan, Nanhera and Ugara by NSS and Red Cross volunteers on 8<sup>th</sup> and 9<sup>th</sup> June 2020.

### Bidding Adieu

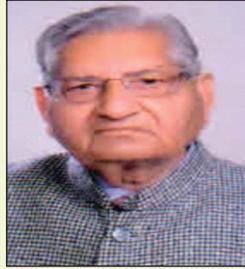
With a deep sense of gratitude and humble admiration, the college bade farewell to **Dr. Geeta Salwan**, Vice-Principal and HoD of the Dept. of English as she retired from active service on 30th May 2020. Due to lockdown restrictions the college had to organize a symbolic farewell for her in which Principal Dr. R.P. Singh and Dr. Anju Jain, the new Vice Principal and HoD of the Dept. of English were present. As a mentor she will continue to have an impact long after her retirement and the college will be extremely grateful for her invaluable contribution to the growth of the college. She will always be missed, remembered and revered. G.M.N family wishes her a happy and peaceful retired life.





# G.M.N. COLLEGE GOVERNING BODY

## Ambala Cantt



**Sh. M.P. Gupta**  
President  
Governing Body



**Dr. Gurdev Singh**  
Acting President  
Governing Body



**Sh. K.J.S. Balhaya**  
General Secretary  
Governing Body



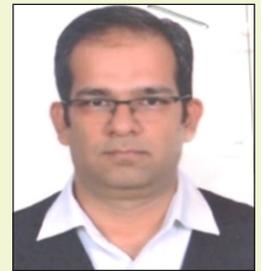
**Sh. Ajay Aggarwal**  
Treasurer,  
Governing Body



**Dr. Rajpal Singh**  
Ex-Officio Member  
Secretary



**Brig. (Dr.) Rahul Trehan**  
Executive Member



**Sh. Brijender Kaushik**  
Executive Member



**Ms Anuradha Bakshi**  
Executive Member



**Sh. Amrit Sagar Mahajan**  
Executive Member



**Sh. Harguneet Singh**  
Executive Member



**Mr. Alok Gupta**  
Executive Member



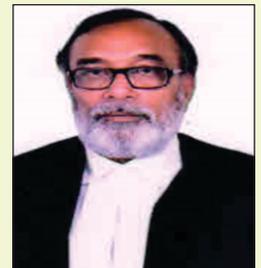
**Dr. Subhash Dhamija**  
Executive Member



**Sh. Charan Jit Singh Sethi**  
Executive Member



**Sh. P.K. Jain**  
Executive Member



**Sh. Daleep K. Mittal**  
Executive Member