**REPORT ON TREE PLANTATION PROGRAM on August 8, 2024**

A tree plantation program was organized by the NCC Girls Wing in the premises of Gandhi Memorial National College, Ambala Cantt, under the leadership of Principal Dr. Rohit Dutt. This initiative has been observed regularly since June 8th of every month.

Dr. Rohit Dutt emphasized that involving the younger generation is essential for the success of any campaign. He stated that the call to plant "one tree in the name of one’s mother" would enhance children's connection with the environment. Including parents and teachers in this initiative would lead to large-scale plantation drives.

CTO Dr. Tripti Sharma urged the cadets to plant at least one sapling in their home premises to help balance the increasing environmental pollution. She highlighted that to save the environment and every citizen should plant at least one tree to maintain the ecological balance on Earth.

The NCC cadets will continue this activity on the same date every month. Each cadet will take full responsibility for nurturing their planted saplings. On this occasion, 11 cadets were present. Other cadets are actively participating in an ATC camp of One Haryana Battalion. In their absence, fellow cadets are taking care of their saplings and contributing actively to the college initiative.

**REPORT ON TIRANGA RALLY on August 12, 2024**

Gandhi Memorial National College, Ambala Cantt, organized a *Tiranga Rally* today. The rally was conducted by the NCC Girls Wing as per the directives of the Haryana Battalion.

College Principal Dr. Rohit Dutt emphasized that patriotism should reside in every citizen, and the respect for the national flag is paramount. He added that it is vital to involve the younger generation in such campaigns to ensure their success.

CTO Dr. Tripti Sharma urged the cadets to hoist the national flag at their homes as well. She shared that, just like every year, the streets of Ambala witnessed a vibrant display of patriotism ahead of Independence Day. Cadets actively participated in the Tiranga Rally, and a spirit of patriotism was evident all around. A total of 22 cadets participated in the rally and raised slogans related to India's independence.

**REPORT ON SECOND DAY OF TIRANGA RALLY on August 14, 2024**

On the second day, Gandhi Memorial National College, Ambala Cantt, once again organized a *Tiranga Rally* under the leadership of Principal Dr. Rohit Dutt. This event was also held by the NCC Girls Wing following the directives of the One Haryana Battalion.

Just like the previous rally, the NCC cadets showed great enthusiasm and active participation. CTO Dr. Tripti Sharma informed that the cadets took selfies with the national flag and uploaded them on the official government website to receive their certificates. Cadets also mentioned that they hoisted the national flag at their homes. There was visible excitement among all participants.

A total of 25 cadets actively took part in this rally.

**REPORT ON 78th INDEPENDENCE DAY CELEBRATION on August 15, 2024**

Gandhi Memorial National College, Ambala Cantt, celebrated the 78th Independence Day with great enthusiasm and joy.

On this occasion, Principal Dr. Rohit Dutt inspired the students to fulfill their responsibilities with honesty so that the democratic nation can reach even greater heights of achievement. He urged students to contribute, regardless of scale, to the building of a vibrant and prosperous India that transcends barriers of caste, gender, region, and religion.

Students and NCC cadets also took a pledge to stand against ragging. This part of the event was presided over by Dr. Seema Kansal.

Meanwhile, five cadets of the NCC Girls Wing were conferred with ranks in recognition of their performance and leadership. Adding to the richness of the celebration, students from the Department of Instrumental Music showcased their talent through soulful renditions of patriotic tunes, enhancing the spirit of nationalism and unity.

**REPORT ON NATIONAL SPACE DAY CELEBRATION on August 24, 2024**

Gandhi Memorial National College, Ambala Cantt, jointly celebrated National Space Day through the combined efforts of the Girls NCC Unit and the Department of Physics.

As part of the celebration, poster-making activities were held today in which 18 cadets participated enthusiastically. Yesterday, on August 23, 2024, an article writing competition was organized for the cadets, with 22 cadets taking active part.

In his address, Principal Dr. Rohit Dutt explained the significance of observing this day, stating that it was designated as *National Space Day* in recognition of the success of Chandrayaan-3, which achieved a successful landing on the Moon on August 23 last year.

Head of the Physics Department, Mr. S.K. Pandey, educated the students about the soft landing of Chandrayaan-3 and discussed India's space research achievements. He shared that ISRO (Indian Space Research Organisation) was established in 1969, and since then, it has developed advanced rocket systems like PSLV and GSLV.

CTO of the NCC Girls Wing, Dr. Tripti Sharma, mentioned that both events were organized under the guidance of One Haryana Battalion.

**REPORT ON NATIONAL SEMINAR ON DEWORMING AND GENERAL HEALTH AWARENESS on September 19, 2024**

A National Seminar on Deworming and General Health Awareness was jointly organized at Gandhi Memorial National College, Ambala Cantt by the NCC Wing, NSS Cell, Blood Bank, and Dispensary Committee.

Acting Principal Dr. Seema Kansal, while explaining the purpose of the day, shared, “Although this day is officially observed on February 10, it is regarded as the world’s largest deworming initiative, launched in India in 2015, with the goal of targeting around 240 million children. Today's event was organized under the directives of DGHE (Directorate of Higher Education).”

Two renowned doctors, Dr. Gulshan Nagpal from Kos Hospital and Dr. Joginder Singh from Civil Hospital, were invited as guest speakers. Both delivered insightful lectures on the theme, discussing the causes, effects, and prevention of worm infections in children.

The event was beautifully anchored by Dr. K.K. Poonia. Faculty members, including Dr. Nain (ANO, Boys' Wing), Dr. Tripti Sharma (CTO, Girls' Wing), and Dr. Saroj Bala (NSS Coordinator) emphasized that while the harmful effects of worm infections may not be immediately visible, over time they can pose serious threats to health. Repeated infections can significantly affect children's growth, nutrition, cognitive abilities, and learning potential.

The seminar witnessed enthusiastic participation from 91 students, including 61 NCC cadets. On this occasion, deworming medicines were also distributed to the students.

**REPORT ON ONLINE LECTURE ON “CLEANLINESS IS SERVICE TO THE NATION” on September 23, 2024**

Gandhi Memorial National College, Ambala Cantt, under the leadership of Principal Dr. Rohit Dutt, organized an online lecture on the theme "Cleanliness is Service to the Nation" through its NCC Girls Wing. The event was conducted as per the guidelines of the 1 Haryana Battalion.

Principal Dr. Rohit Dutt emphasized the importance of cleanliness in daily life, stating that it is not just a personal habit but a national responsibility.

The keynote speaker, Dr. Rakesh, Nodal Officer of the Swachh Bharat Abhiyan (Ambala), addressed the cadets and highlighted that: "Cleanliness is not only a necessity but can become a habit. A responsible citizen is also a clean individual. By maintaining cleanliness in our homes and surroundings, we can contribute significantly to building a healthy nation."

Dr. Tripti Sharma, CTO of the NCC Girls Wing and program coordinator, shared her thoughts, saying: "Just like a smile is contagious, cleanliness should also become a contagious habit. Every cadet must ensure cleanliness in their homes and nearby areas."

The program saw active participation from 46 NCC girl cadets and 43 students, reflecting strong enthusiasm and commitment to the cause of cleanliness and national service.

**REPORT ON “PLEDGE CEREMONY & RALLY ON SWACHHTA” on September 24, 2024**

A “Pledge Ceremony & Rally on Swachhta” was successfully organized on September 24, 2024, by the NCC Boys and Girls Wing, National Service Scheme (NSS), and Youth Red Cross (YRC) of G.M.N. College. The event commenced with the flag hoisting ceremony by Dr. Rohit Dutt, Principal, G.M.N. College. This was followed by the Swachhta Pledge, taken by all participating students, reaffirming their dedication to cleanliness and public hygiene.

After the pledge, a Swachhta Rally was conducted to spread awareness about the importance of cleanliness and the need to maintain hygienic surroundings. The students actively participated in the rally with great enthusiasm and discipline. The participation included 39 Girl Cadets; 23 Boy Cadets and 45 Other Students. The program was graced by the presence of Dr. Nain – Associate NCC Officer (ANO); Dr. Tripti Sharma (C.T.O.); Dr. Rakesh and Dr. Saroj. Their support and guidance played a significant role in the success of the event. The program concluded with a shared commitment among all participants to contribute towards a cleaner and greener India.

**REPORT ON “WASTE TO ART COMPETITION” on September 25, 2024**

A creative and environmentally conscious event titled "Waste to Art" Competition was organized on September 25, 2024, under the supervision of C.T.O. Dr. Tripti Sharma, NCC Girls Wing of G.M.N. College. The event aimed to promote the concept of sustainability and innovation through the artistic reuse of waste materials.

The competition was judged by:

* Capt. (Dr.) Nain – Associate NCC Officer, Boys Wing
* Dr. Amita – Faculty, Department of Management

A total of 32 cadets participated in the event, showcasing their creativity and commitment to environmental awareness. The participants transformed waste materials into beautiful and meaningful works of art.

Winners of the Competition:

* First Position: Kumud (First Year)
* Second Position: Suhana (First Year)
* Third Position: Khushi (Second Year)

The judges appreciated the efforts, originality, and presentation skills of the cadets. The competition concluded with a message to reduce, reuse, and recycle for a sustainable future.

**REPORT ON FIT INDIA WEEK WITH YOGA AND MEDITATION ON NOVEMBER 29th, 2024**

Gandhi Memorial National College, Ambala Cantt, commenced the Fit India Week with a series of wellness activities. On the first day, the NCC Girls Wing of the college organized Yoga and Meditation sessions, witnessing the active participation of around 35 cadets.

Principal Dr. Rohit Dutt highlighted that all activities under this initiative are being conducted as per the guidelines received from the University Grants Commission (UGC). He also mentioned that Dr. Rajender Kumar has prepared the complete activity schedule for the college.

CTO Dr. Tripti Sharma informed that the cadets not only participated in yoga and meditation but also visited the college gym to engage in various physical exercises.

The primary objective of this initiative is to promote awareness about physical fitness and to encourage students to adopt a healthy lifestyle.

**REPORT ON DAY 2 OF FIT INDIA WEEK ON 30th NOVEMBER, 2024**

On the second day of Fit India Week at Gandhi Memorial National College, Ambala Cantt, both the NCC Girls and Boys Wings actively participated in a Yoga and Meditation session. A total of 47 cadets enthusiastically took part in the activities.

Principal Dr. Rohit Dutt reiterated that all ongoing activities are being conducted in alignment with the guidelines issued by the University Grants Commission (UGC). ANO Dr. S.S. Nain motivated the cadets by emphasizing that physical fitness is a valuable asset. CTO Dr. Tripti Sharma shared that the 38 girl cadets also participated in an energetic Zumba session held in the college auditorium, showcasing remarkable enthusiasm and spirit.

The college continues to promote physical well-being and a healthy lifestyle among students through this initiative.

**REPORT ON “SELF-COMPOSED POEM AND ESSAY WRITING COMPETITION”**

The "Self-Composed Poem and Essay Writing Competition" was organized on September 26, 2024, by C.T.O. Dr. Tripti Sharma, NCC Girls Wing of G.M.N. College. The event aimed to encourage creativity, critical thinking, and expression among the cadets through poetry and essay writing on socially relevant themes.

The competition was judged by:

* Dr. Seema Kansal, Officiating Principal, G.M.N. College
* Capt. (Dr.) Nain, Associate NCC Officer, Boys Wing

A total of 43 cadets enthusiastically participated in the event, presenting thought-provoking essays and heartfelt poems, reflecting their literary talent and awareness of social issues.

Winners of the Competition:

* First Position: Avneet Kaur (Second Year)
* Second Position: Bhumi (Second Year)
* Third Position: Bhumika (Second Year)

The judges appreciated the originality, depth of thought, and presentation of the participants. The event successfully fostered a spirit of expression and intellectual engagement among the cadets.

**REPORT ON “SLOGAN WRITING ON SWACHHTA” COMPETITION**

The "Slogan Writing on Swachhta Competition" was held on September 27, 2024, by C.T.O. Dr. Tripti Sharma NCC Girls Wing of G.M.N. College as part of the ongoing Swachhta awareness activities. The competition aimed to promote cleanliness and hygiene through impactful and creative slogan writing. The competition was evaluated by:

* Dr. Seema Kansal, Officiating Principal, G.M.N. College
* Capt. (Dr.) Nain, Associate NCC Officer, Boys Wing
* Dr. Anupma Sihag, Faculty Member

A total of 35 cadets participated with great enthusiasm, presenting powerful and original slogans that reflected their awareness and commitment towards the Swachh Bharat Abhiyan.

Winners of the Competition:

* First Position: Chahat (First Year)
* Second Position: Yogita Sharma (First Year)
* Third Position: Bhumika (Second Year)

The judges praised the creativity, clarity, and relevance of the slogans. The event successfully encouraged students to use their voices for promoting cleanliness and civic responsibility.

**REPORT ON "Cycling and Slogan Chanting on Swachhta".**

In alignment with the Sambhav Swachhta hi Sanskar, the NCC Girls Wing of G.M.N. College under the able guidance of their C.T.O. Dr. Tripti Sharma organized a cycling event coupled with slogan chanting to raise awareness about cleanliness and sanitation. This initiative aimed to promote the importance of a clean environment and inspire the community to take action toward achieving a cleaner India.

The main objectives of the Cycling Event were to Raise Awareness and to educate the community about the importance of cleanliness and hygiene. The event kicked off with a vibrant cycling rally to promote Cycling and Encourage eco-friendly modes of transportation.

The Cadets were dressed in NCC uniforms and tracksuits and rode through the streets of Old Church Road, and Ambala Bus Stand Road. The cycling route was carefully selected to cover the attraction of the local people, maximizing visibility. Alongside cycling, Cadets also chant slogans to create a lively and engaging atmosphere.

"DHUYEN KO HATANA HAI PRADUSHAN MITANA HAI

CYCLE KO APNANA HAI VATAVARN SWACHH BNANA HAI""

The rhythmic chanting energized the participants and caught the attention of passersby, encouraging them to join the movement. 39 cadets interacted with local residents throughout the rally, distributing pamphlets about cleanliness and hygiene. They encouraged community members to participate in clean-up drives and adopt sustainable practices.

**Report on Lecture on Open Defecation Free India (29th Sep 2024)**

On 29th September 2024, G.M.N. College's NCC Girls Wing actively participated in an awareness campaign aimed at promoting the Open Defecation Free (ODF) India mission. The event aimed to educate Cadets and the surrounding community about the importance of maintaining hygiene and sanitation, especially focusing on eliminating open defecation practices.

The key speaker for the event was Dr. Saroj Bala, the NSS Officer at G.M.N. College, who delivered a powerful and insightful address on the challenges faced by the country in achieving an Open Defecation Free India. She emphasized the social, health, and environmental hazards posed by open defecation and highlighted how individuals, particularly young students, can contribute towards ensuring a cleaner and healthier nation. She also mentioned the government's initiatives under the Swachh Bharat Mission and how everyone can play a role in its success. C.T.O. Dr. Tripti Sharma encouraged the Cadets to spread awareness in their communities and discussed the importance of proper sanitation facilities in rural and urban areas.

The event was highly impactful and appreciated by both the college authorities and the local community. The presence of enthusiastic NCC cadets added energy to the campaign, and the leadership of Dr. Saroj Bala was instrumental in driving home the importance of the ODF movement. The campaign successfully raised awareness and motivated the students and community members to contribute to the goal of achieving a clean and open-defecation-free India. 42 Cadets attended the lecture on Sunday.

**Report on Lecture on UN SDG AND ROLE OF AYUSHMAN BHARAT**

The NCC Girls Wing of Gandhi Memorial National College organized a lecture in the college on the topic "United Nations Sustainable Development Goals: Role of Ayushman Bharat". The keynote speaker of the program was Dr. Kapil Maidan, State Nodal Officer, Swachh Bharat Abhiyan, Haryana. He informed that Ayushman Bharat is a flagship scheme of the Government of India, which was launched to achieve the goal of universal health coverage as recommended by the National Health Policy 2017. The initiative is designed to meet the Sustainable Development Goals (SDGs) and its underlining commitment, which is to "leave no one behind". During the lecture, he also asked many questions from the cadets.

37 cadets participated with great enthusiasm and Dr. Kapil Maidan also shared the link of the portal with them to become Ayushman Bharat workers. The stage was managed very well by Cadet Sneha and Cadet Sania. Dr. Tripti Sharma, C.T.O. NCC Girls Wing thanks to Dr. Rohit Dutt ( Principal ) Dr. Anupama Sihag and Dr. Rakesh Kumar for being an important part of this program.

**REPORT ON “CLEANLINESS DRIVE IN HERBAL GARDEN”**

In observance of Gandhi Jayanti and as part of the Swachhta Abhiyan, a "Cleanliness Drive in the Herbal Garden" was organized on October 2, 2024, by the NCC Wing of G.M.N. College.

A total of 39 cadets actively participated in the drive, displaying a strong sense of responsibility and enthusiasm towards maintaining the natural environment of the campus. The cadets cleaned the herbal garden area, removed waste materials, and helped in maintaining the cleanliness and beauty of the green space.

The event was conducted under the supervision of Dr. Tripti Sharma, Care Taker Officer, who encouraged the cadets to take pride in cleanliness and contribute towards a healthier and greener campus environment. The drive successfully instilled the values of discipline, hygiene, and environmental care among the cadets, reflecting the ideals of Mahatma Gandhi and the spirit of Swachh Bharat Abhiyan.

**REPORT ON “TREE PLANTATION” DRIVE**

A "Tree Plantation Drive" was organized on October 3, 2024, by the NCC Girls Wing of G.M.N. College under the direction of one Haryana Battalion as part of the ongoing environmental and Swachhta awareness initiatives. The drive aimed to promote ecological balance, sustainability, and a greener campus.

A total of 42 cadets enthusiastically participated in the event. Various saplings were planted within the college premises, particularly in areas identified for beautification and environmental improvement.

The cadets actively contributed to digging, planting, and watering the saplings, demonstrating a strong commitment to environmental conservation and community service.

The event emphasized the importance of tree plantation in combating climate change, improving air quality, and enhancing biodiversity. It also reinforced the values of responsibility, teamwork, and environmental stewardship among the cadets.

**REPORT ON REPUBLIC DAY CELEBRATION**

The Republic Day Celebration at G.M.N. College was held with great enthusiasm and patriotic fervor on January 26, 2025. The event was organized by the NCC Boys and Girls Wings to commemorate the adoption of the Constitution of India and to honor the values of democracy, unity, and integrity. A total of 81 cadets with other students participated in the celebration, which included 42 Girl Cadets and 39 Boy Cadets.

The program began with the hoisting of the National Flag, followed by the National Anthem. The cadets presented a well-coordinated march-past, symbolizing discipline and unity. Speeches highlighting the significance of Republic Day were delivered, and patriotic songs and cultural performances added to the spirit of the occasion.

The event was a grand success and served to instill a deep sense of national pride and responsibility among the cadets and the audience.

**REPORT ON EXTENSION LECTURE ON “WOMEN ACHIEVERS”**

To mark the occasion of International Women’s Day, the NCC Girls Wing of G.M.N. College organized an insightful Extension Lecture on “Women Achievers” on March 8, 2025. The event was conducted under the guidance of Dr. Tripti Sharma, Care Taker Officer (C.T.O.).

The distinguished speaker for the event was Dr. Vijay Sharma, former ANO and faculty member of the Department of Hindi, S.D. College, Ambala Cantt. Dr. Sharma delivered an inspiring and thought-provoking lecture highlighting the contributions, struggles, and triumphs of women achievers in various fields including literature, science, politics, and defense.

The session aimed to empower the cadets and students by making them aware of the inspiring journeys of women who have broken stereotypes and contributed significantly to society. The lecture was well-received and appreciated by the audience, leaving a lasting impression on the young minds. A total of 35 cadets attended the lecture.

The event concluded with a vote of thanks and a collective pledge to promote gender equality and recognize the role of women in nation-building.

**Report on Slogan Writing Competition “Yoga for Good Health”**

To mark the occasion of World Health Day on 7th April 2025, a Slogan Writing Competition and Yoga for good health were organized at G.M.N. College, Ambala Cantt. A total of 11 cadets enthusiastically participated in the event. The competition served as a platform for cadets to creatively express their thoughts on the importance of health and well-being.

The cadets showcased their awareness and concern towards various health issues through powerful and thought-provoking slogans. The event highlighted the cadets' understanding of this year's theme and their dedication to raising awareness among their peers and the broader community.

The competition concluded successfully, with the best slogans being appreciated for their creativity, clarity, and message. The event not only enhanced awareness but also motivated cadets to take an active role in promoting good health practices. The competition successfully met its objective of spreading health awareness and nurturing creativity. It served as a meaningful activity to commemorate World Health Day and left a positive impact on all participants.