Dated:- 18/07/2019

PAGE

Women Cell of G.M.N. College, Ambala Cantt is going to organize an extension talk on Health & Hygiene on 20.07.2019 in collaborated with Health Department Civil Hospital, Ambala in Govt. School, Tundla.

All the interested students may give their name to Dr. Bharti Vij & Dr. Saroj Bala.



Gmail

G.M.N. (P.G.)College Ambala Cantt <gmncollege@gmail.com-

Regarding Availability of Doctors on 20/7/19

RBSK AMBALA <ibsy.amb@gmail.com> To: "gmncollege@gmail.com" <gmncollege@gmail.com>

Mon, Jul 15, 2019 at 5:44 PM

This is for your information that Dr Joginder & Dr Princy posted at Civil Hospital Cantt shall be available for your scheduled programme to be organised in Govt.School Tundla Ambala Cantt on 20/7/19.

Thanks & Regards

Dy. Civil Surgeon School Health O/o Civil Surgeon, Ambala

Dr. Buari



Phones: 0171-2640321 (O) Fax: 0171-2633151

Estd 1948

Ref. No. GMNC/198 550

Dated 10 715

The Principal Govt. High School, Tundla, Ambala.

Sub: Regarding Extension Lecture on Personal Hygiene in collaboration with Health Department, Ambala.

Madam,

The Women Cell unit of G.M.N. College, Ambala Cantt is going to organize an Extension Lecture on Personal Hygiene in collaboration with Health Department, Ambala in your school on 20.07.2019. The target group is children of age group 10-16 years' students studying in your School.

You are requested to make the necessary arrangements.

Thanking you,

Principal

e-mail: gmncollege@gmail.com website: www.gmncollegeambala.org



Phones : 0171-2640321 (O) Fax : 0171-2633151

Ret. No GMNC/ 199 /552

Dated 10 7/15

The Chief Medical Officer Civil Hospital Ambala.

Sub: Regarding Extension Lecture on Personal Hygiene in collaboration with Health Department, Ambala.

Sir,

The Women Cell unit of G.M.N. College, Ambala Cantt is going to organize an Extension Lecture on Personal Hygiene in collaboration with Health Department, Ambala in Govt. School, Tundla, Ambala Cantt on 20.07.2019. The target group is children of age group 10-16 years' students studying in Govt. High School, Tundla.

You are requested to send a Doctor for the same and oblige.

Thanking you,



e-mail: gmncollege@gmail.com website: www gmncollegeambata org

PAGE_ 1 Dainik Bhaskar ?? छात्रों से जीवन में स्वच्छता अपनाने का किया आह्वान अग्वाला जीएमएन कॉलेज में वूमन सेल एवं स्वास्थ्य अम्बाला जाएमएन कालज म वूमन सल एव स्वास्थ्य विभाग के संयोजन से गवनमेंट हाई स्कूल इंडला में भाग क स्थाजन स गथनमट एर एरूप ड्रज्या न स्वास्थ्य एवं स्वच्छता विषय पर व्याख्यान का आयोजन स्वास्थ्य एव स्वच्छता। विषय पर ज्याज्याय या जायाया. किया गया। कार्यक्रम में डॉ. जोगिंद, डॉ. प्रिसी एवं डॉ. पाना गुना। प्रमाणमा न आ आगिम जो. मित्ता रूप आ अनमोल ने स्वास्थ्य एवं स्वच्छता पर अपने विचार जननारा न स्थाल्य ४५ स्थव्या। भ जमा भवार प्रस्तुत किए। उन्होंने कहा कि स्वच्छता स्वास्थ्य जीवन प्रस्तुत (कर्ए। उन्हान कहा (क) स्वच्छा। स्वास्त्व जात्र) जीने के लिए अनिवार्य है। वहीं डॉ. प्रिंसी ने युवा छात्राओं भाग भा सार जानमान हो पहाडी, त्रता न उभा ठावाणा को व्यक्तिगत स्वच्छ रहने की प्रेरणा दी। प्राचार्य डॉ. को व्यावतगत स्वच्छ रहन का अरणा पर जावान का राजपाल सिंह ने अपने संबोधन में युवा छात्राओं से राणनारा तराह न जपन रानालन न उपन छात्राला स अपील की वे अपने आस-पास सफाई का विषेश ध्यान जनारा भग ५ जनन जास-नास समगर भग एनमा ज्यान न्हें। तुमन सेल की संयोजिका डॉ. भारती विज एवं सह त्वा पुनन सरा का राजाणना आ नारपा म्लज दन सह संयोजिला हरू मरोज बाला इस अवसर पर मोजूद रहे। रवाच्छता विगय के बारे में दिन्या जागारक उन्होंने कहा कि खंदना खाल्हा ति प्राप्ति हाली के सित ग्रा जालन जान क त्यार जानमाल हो। करिज प्रतिष्ठ हो, राजपाल सिंह ने कही कि वह अगने आसवास मार्थ क अवालाः जीएमाम वालिज की वीमिन भाषा सम्प्रकृति स्थिति स्थित स्थ कार्वि स्थिति का प्रथम व्यान रखा वरा नाम थर कीर्मन सेल की संशेतिको जै. भारती अवालाः जापनाल्य जात्याज्य जात्यात्र संत पव स्वास्थ्र विभागव सिवित अन्यतील से छाव गा क गवत्त्र हुई वामन सल का स्वाजका अ. नारण विज, सहस्वोजिकी झें, सरोज बाला विज्ञ, सहस्रवाजिका इन, सरका बारण राज्रे, सहदः, (सिंह आदि मोजूद रहे। म्छल दुइला म न्याम्बय इय म्याफ्या विषय पर विषे । व्यक्तिकी अविजन वषव पर विशा व्याख्यान का आयाज हुआ किर्वित्रम में डी. जीति, डी. क्रिसी, डी. : लमोलने स्वरिषय एवं प्रसा, इं...राममात् न स्थास्वय स्थ स्वच्छता गः अपने विवार गःस्तुत किए।

Lecture on Cleanliness

A Report

Women Cell of the college in collaboration with Health Department (Civil Hospital), Ambala Cantt. organized an Extension Lecture on "Health and Hygiene" in Govt. High School, Tundla on 20.07.2019. In the programme, Dr. Joginder, Dr. Princy and Dr. Anmol presented their expert opinions on the issues of health and hygiene. They said that cleanliness is mandatory for living a healthy life. Dr. Princy motivated the youngsters to maintain a proper personal hygiene. She said that maintaining personal hygiene kept the diseases away.

Dr. Raj Pal Singh, Principal, G.M.N. College, Ambala Cantt. urged the audience to keep their surroundings clean and thus contribute towards government's Clean India Mission. Dr. Bharti Vij, Convenor, and Dr. Saroj Bala, Coordinator, Women Cell were also present on this occasion.



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NOTICE

Dated:- 25/07/2019

Women Cell of G.M.N. College, Ambala Cantt is going to organize a Community Outreach Programme i.e. Health Checkup Camp in collaboration with "Health Department Ambala Cantt" in Govt. High School, Kalheri on 27.07.2019.

All the interested students may give their names to Dr. Bharti Vij & Dr. Saroj Bala.







Phones 0171-2640321 (0) Fax 0171-2033151

The Principal Govt. High School, Kalarheri, Ambala.

Sub: Regarding Health Checkup Camp in collaboration with Health Department, Ambala.

organize Health Checkup Camp in collaboration with Health is children of age group 10-16 years' students studying in your

You are requested to make the necessary arrangements.

Principal

Allowed for health check up in a.n.s. talarteri, Alcaut.

e-mail: gmncollege@gmail.com website: www.gmncollegeambala.org



Phones 0171-2640321 (O) Fax 0171-2633161

POL NO GMINO 1915

The Chief Medical Officer Civil Hospital Ambala.

Sub: Regarding Health Checkup Camp in collaboration with Health Department, Ambala.

Sir,

organize Health Checkup Camp in collaboration with Health Department, Ambala in Govt. High School, Kalarheri, Ambala Cantt on 27.07.2019. The target group is children of age group 10-16 years students studying in Govt. High School, Kalarheri.

You are requested to send a team of Doctors and staff for the seme and oblige.

Thanking you,

Principal



Phones 0171-2640321 (C) Fex 0171-263318

Exts1,1945

Ret No GMNO 1911 D) D

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The Chief Medical Officer Civil Hospital Ambala.

Sub: Regarding Health Checkup Camp in collaboration with Health Department, Ambala.

Sir,

The Women Cell unit of G.M.N. College, Ambala Cantt is going to organize Health Checkup Camp in collaboration with Health Department, Ambala in Govt High School, Kalarheri, Ambala Cant on 27.07.2019. The target group is children of age group 10-16 years students studying in Govt. High School, Kalarheri.

You are requested to send a team of Doctors and staff for the same and oblige.

Thanking you,

Principal



Health Check-Up Camp

A Report

Women cell of G.M.N. College, Ambala Cantt under the aegis of Health Department, Govt. of Haryana, Ambala organized a Health Check-Up Camp in Govt. High School, Kalheri on 27.07.2019. The camp was organized on the occasion of World Hepatitis Day. In the camp, 156 Women Warriors – the volunteers of Women Cell of the college and school students took active part. A team of doctors from Civil Hospital, Ambala comprising Dr. Jogendra and Dr. Princy examined the students in the village Kalheri. The doctors also informed the students and villagers about the symptoms, causes, preventive measures and treatment of a dreadful disease like Hepatitis.

1 1

Dr. Raj Pal Singh, Principal of the college advised the students to be cautious regarding their health. In the end, Dr. Bharti Vij, Convenor, and Dr. Saroj Bala, Coordinator, Women Cell thanked the team of doctors for their cooperation.

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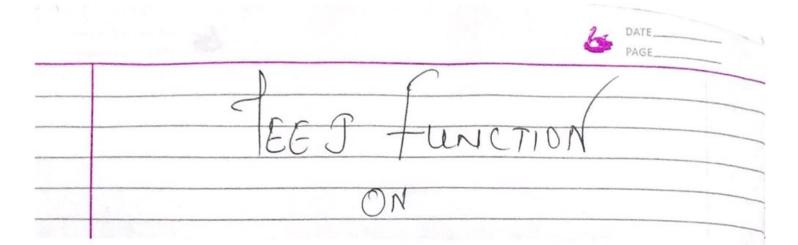
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Dated:- 27/07/2019

Women Cell of G.M.N. College, Ambala Cantt is going to organize a "Teej Celebration" on 2nd August, 2019 in College Auditorium. In which Mehandi Competition, Cooking Competition and Rangoli making Competition will be the main events.

All the interested students may give their names to Dr. Bharti Vij & Dr. Saroj Bala.

Principal

he DATE 2 Ang 2019

_	MEHANDI
Sono	NAME
_ 1.	Kuldeep Kaur
-, 2.	Ruchi
3.	Deepa Pathak
- 4.	Rritika
- 5.	DIKSHA ANAND
6.	Shruti Verma
- 7.	kritika Sood
8.	Vaishali
9.	Mansi
10,	Simranjeet Kaur
11.	Pooja
12.	Taruna
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-2.1	KANAK	BSC(F)	1535720008	
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~5 .	PARUL GOYAL	MAPCPOISO		
-6.	RHARTI SAFI	MA (Polse)P	3153320014	Blark? -
~7	MUSKAAN CHAURASIA	M.LOM(F)	2272120003	Muskan
× 8	GURPREET KAUR	BA(I)	3151820012	Kaus
-97	VAISHALI	BA(I)	3151820024	vaishali
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Ameron Usala 03-08-2019 बतते हुए वहां कि यह एवं आज भी मुझ थोदी के मन में सम्पत्य एवं

जीएमएन कॉलेज में धूमधाम से मनाया गया तीज का त्योहार अंधारना केंटा आग्या, उमंग, सेंटर्य और प्रम का उत्सव तोज शुळवार अत्रात्मा कटर जात्या, उत्ता, तायत जार मन जात्म वय भूग को जोगम्पन कोलेज के सभापार में बड़े हर्षतत्वास एवं उत्साह स का जाएनएन कालज क समापार म मह हमाल्यस एव उलाक स मनावा गता। कार्यव्राम का संयोजन यूमेन संस' पुराती त्र याद्ध" की ओर मे किया गया। इस संस की संखेजक डॉ. भारती य सह-संयोजक आर त कथ नय । इत सरा या प्राप्त के प्राप्त के साथ के सराजे डॉ. सरोज याला ने आयोजक को ध्विका निभाइ। छात्राओं ने अपने २। सराज बाला न आवाजक वर भूमका लिपाद। छात्राआ न अगवा ... बाला का प्रदर्शन काले हुए सुंदर सेंदर्श के डिजाइन बनाए। रंगोली और कुक्तिन में भी विद्यार्थियों ने अरना प्रतभा दिखा कर सभी का मन मेंहि तिया इस अवसर पा मुख्य अतिथि डी. अभिता वे तीज का महत्व

संस्कृति को जिय खता है। मेच का संचालन डॉ. ज्यति सरोत ये संस्थान का त्यादा खता हूं। मध्य का संघलन का, ज्यात सरात न किया निर्णयक महल की पूसिका ठी, अंजू जैन, से, रचन खत्म एस कुमलेंग ने की। इस अससर पर कुल 125 विद्याची उपस्थित से। नियो मे कुल 57 विद्यापिये ने प्रतिभागों के रूप में भाग लिया। मेहवी प्रतियोगत में प्रथम दीवा आनंद, दितीय क्षुते वर्ष एवं युत्तेय हिम्मनी रही। रगोली से लनवे-रुषिका, रहुमम एव सीनम और अजली ने आजी मारी। कुकिंग के विजेख निथि, मुख्यान एवं रुचि रही।



Daihik Rhuckar >> चरखे दी कूक, मेला यारां दां, चन्ना वे किदां गुजारी रात... गीत गाकर मनाई तीज व दी बधाई पर डॉ. गीता सालवान, नेहा, तृच्ति एवं अशु

कैंट के जीएमएन कॉलेज में छात्रा को सम्मानित करते मुख्यातिथि व प्रिसिपला

सहित अन्य स्टाफ सदस्य उपस्थित रहे। ग्रिसिपल डॉ. राजपाल सिंह ने सबको तीज परिपरिक तीज का त्योशर विनिन्न स्कूल व बर्जलेओं में उत्साह और उमंग के साथ मनाया की बधाई दी। गया। इस दीराल रंगरंग कार्यक्रम हुए जिनमें

संयोजन जूमेन सेल 'जुवती तू योद्ध' को ओर से किया गया। इस सेल की संयोजक डॉ. भारती व सड़-संयोजक डॉ. सरोज बाला ने आयोजक की भूमिका निभाई। रंगोली और कुकिंग में भी विद्यार्थियों ने अपनी प्रतिभा दिखा भर सभी का मन मोह लिया। मंच का संचालन डॉ. ज्योति सरोत ने किया। निर्णायक मंडल की भूमिका डो. अंजू जैन, प्रो. रचना खन्ना एवं कमलेश ने की। मेहंदी प्रतियोगिता में प्रथम दोक्षा आनंद, हितीय श्रुति यमां एवं तृतीय हिमानी रही। रंगोली में अनवी-यधिका, शुभम एवं सोनम और अंजलि ने बाजी मारी। कुकिंग के विजेता निधि, मुस्लान एवं रूचि रही। इस अवसर

विद्यार्थितों ने भइचड़ कर हिस्सा लिया। जीएमएन बॉलेज में कार्यक्रम का



रंगोली और कुकिंग प्रतियोगिता हुई अंबाला जीएमएन कॉलेज भे रंगोली व कुर्किंग पतियोगिता करवाई गई।डॉ. भारतीवडों सरोज बाला ने बताया कि मुख्य आर्कबण का केंद्र-भेहदी प्रतियोगिता रही। मुख्यातियि हों . अमिता ने तीज का महत्व वताया।

जीएमएन कॉलेज में दिजेताओं को सम्माभित करते अतिथि 🗢 जानरण

08-2019 जी एम एन कालेज में यिक्रम में विजेताओं

को सम्मानित करती मुख्यातिथि । अन्द्रभग

पर्व युवा पीढ़ी के मन में सभ्यता एवं संस्कृति को जिदा रखता है : डा. अमिता

अम्बाला छावनी (जतिन): आस्था, उमंग सादयं और प्रेम का उत्सव तीज शुक्रवार जी.एम.एन. कालेज के सभागार में बड़े हपोल्लास एवं उत्साह से मनाया गया। कार्यक्रम का सयोजन वूमेन सेल 'युवती तू योदा' की ओर से किया गया। इस सेल की संयोजक डा. भारती व सह-संयोजक डा. सरोज बाला ने आयोजक की भूमिका निभाई। सावन के त्यौहार का मुख्य आकर्षण महेदी प्रतियोगिता रही। रगोली और कुकिंग में भी विद्यार्थियों ने अपनी प्रतिभा दिखाकर राभी का मनमोह लिया। इस अवसर पर मुख्यातिथि डा. अभिता ने तीज का महत्व बताते हुए कहा कि यह पर्व आज भी युवा पीढ़ी के मन मे सभ्यता एव संस्कृति को जिदा रखता है। मंच का संचालन डा. ज्योति सरोत ने किया। निर्णायक महल की भूमिका डा. अंजू जैन, प्रो. रचना खन्ना एवं कमलेश ने की।

इस अवसरः पर कुल 125 विद्यार्थी उपस्थित रहे।इनमें से कुल 57 विद्यार्थियों ने प्रतिभागी के रूप में भाग लिया। मेहंदी न प्रातमागा क रूप म मानावया मरुष प्रतियोगिता में प्रथम दीक्षा आनंद, द्वितीय श्रुति वर्मा एवं तृतीय हिमानी रही। रंगोली में तनवी-वशिका, शुभम एव सोनम और अजलि ने बाजी मारी। कुकिंग के विजेता निधि, मुस्कान एवं रुचि रही। इस अवसर पर डा. गीता सालवान, नेहा, तृप्ति एवं अशु सहित अन्य स्टाफ सदस्य उपरिथत रहे। प्राचार्य डा. राजपाल सिंह ने सबको तीज की बधाई देते हुए कार्यक्रम का रामापन

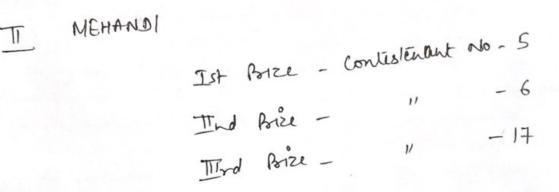
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Judgement.

RANGOLI

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Teej Celebration

A Report

Women Cell of the college, (Women Warriors) celebrated the festival of Teej with much fanfare in college auditorium on 02.08.2019. On this occasion, various competitions like Henna Application Competition, Rangoli Competition and Cooking Competition were organized. 57 students participated actively in these competitions. Henna Application Competition was the main attraction of the function. Girls applied beautiful henna designs on the hands of their partners. The students also impressed the judges by preparing delicious dishes and by making attractive and aesthetic Rangoli designs. Mrs. Amita Singh was the chief guest of the function. Mrs. Singh informed the audience regarding the importance of Teej festival and said that the festival symbolized the tradition and culture of the country. Dr. Anju Jain, Mrs. Rachna Khanna and Mrs. Kamlesh Kumari acted as judges for various competitions. Dr. Jyoti Sorout conducted the stage efficiently. 125 students attended this event. Ms. Dikshita Anand, Ms. Shruti Verma and Ms. Himani bagged First, Second and Third positions respectively in Henna Application Competition. In Rangoli Competition, Ms. Tanvi and Ms. Vanshika won First Prize; Mr. Shubham and Ms. Sonam won Second Prize and Ms. Anjali won Third Prize. In Cooking Competition, Ms. Nidhi, ms. Muskan and Ms. Ruche grabbed the first three positions respectively.

Dr. Raj Pal Singh, Principal of the college congratulated all the winners for showcasing their – talents. He also praised the efforts of Women Cell in celebrating the festival of Teej with such _ gaiety.



EXTENSION GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT NOTICE Dated: - 22/08/2019 "Women Warrior" group of Women Cell, G.M.N. College, Ambala Cantt is going to organise an "Online extension talk" on the topic "Drug abuse" in collaboration with "YARI-International - Non Profit organization, California, USA" on 26th August, 2019 at 10:00 AM. All the volunteers of Women Cell are required to attend the same. incipal 9/24/2019 Gmail - Invitation for Online Extension Talk on the topic "Drug Abuse". M Ginail G.M.N. (P.G.)College Ambaia Cantt <gmncollege@gmail.com> Invit tion for Online Extension Talk on the topic "Drug Abuse". G.M.N. (P.G.)College Ambala Cantt <gmncollege@gmail.com> Thu, Aug 22, 019 at 2:52 PM To: dr.lohan@yahoo.com Dear Sir, "Women Warrior" Group of Women Cell, G.M.N. College, Ambala Cantt is going to organise an "Online extension talk" on the topic "Drug abuse" in collaboration with "YARI-International - Non Profit organization, California, USA" on 26th August, 2019 at 10:00 AM. The target group will be Bacaelors and Master Degree Students. Expected attendance of the students will be near about 200. So, you are _____ requested to appoint Dr. Jasbir Singh Lohan, President, YARI International, California, USA as Resource Person for the same. Regards, Principal GANDHI MEMORIAL NATIONAL COLLEGE AMBALA CANTT -133001 Phones: 0171-2640321 (O), 2633151 (Fax) E-mail: gmncollege@gmail.com Web: gmncollegeambala.com

M Gmail

Invitation for Online Extension Talk on the topic "Drug Abuse".

jasbir lohan <dr.lohan@yahoo.com>

 To: "G.M.N. (P.G.)College Ambala Cantt" <gmncollege@gmail.com> Cc: "dr.lohan@gmail.com" <dr.lohan@gmail.com> Fri, Aug 23, 2019 at 12:02 PM

Dear Sir,

Thank you for inviting YARI International to be a part of the upcoming Women Warrior Group of Women Cell workshop in GMN College, Ambala Cantt on August 26th, 2019 at 10am. We are excited to collaborate with a strong college to

increase awareness about today's rapidly changing environment.

On behalf of Dr. Jasbir Singh Lohan, I am confirming his online presence to be a part of the online extension and have an - in depth conversation about substance abuse.

Please provide us with further directions on how to join you for this online event.

- Best,

- Alexandria Cuevas
- Director of International Affairs
- YARI International Non-profit Organization
- San Francisco, California, USA (415) 449-0495

गांधी मेमोरियल नेशनल कॉलेज, अम्बाला छावनी प्रैस नोट

Dr. Buer

दिनांकः-26.08.2019

वीमैन सैल 'युवती तु यौद्धा' ग्रुप जी.एम.एन. कॉलेज की तरफ से यारी अन्तर्राष्ट्रीय गैर लाभ संगठन सैन–फ्रैन्सिसको, अमेरिका के तत्वाधान में "नशे की लत–कारण व निवारण" विषय पर एक व्याख्यान का आयोजन किया गया। इसमें विशेषज्ञ के रूप में डॉ. जसबीर सिंह लोहान ने नशे की समस्या के कारणों के बारे में विद्यार्थियों को बताया तथा उन्होंने इसके निवारण के लिए काफी सुझाव भी दिए। उन्होंने बताया कि किस प्रकार नशा युवाओं व राष्ट्र के विकास में बाधक बना हुआ है। इस अवसर पर लगभग 175 छात्र–छात्राओं ने बढ़चढ़ कर भाग लिया। उन्होंने युवाओं को अपने परिवार व देश के प्रति जिम्मेदारी याद दिलाते हुए उन्हें नशे से दूर रहने के लिए प्रेरित किया। कार्यक्रम में डॉ. भारती विज ने संयोजक व डॉ. सरोज बाला ने सह–संयोजक की भूमिका निभाई। इस अवसर पर डॉ. सीमा राणा, डॉ. के.के.पूनिया, डॉ. कमलेश रानी, डॉ. रवनीत कौर, डॉ. नेहा अग्रवाल व मीनू राठी उपस्थित थे।

	Attendence	Extension talk	on Dung Abuse
Name	Class	Roll No.	Signature
Louisn	BBAI	3153110016	Louish
- Auchit	BBA-I	3153110004	
- Naupreet	BB A-I	3153110010	Auch t
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Row neet	BBA-I BBA-I	3153110019	Por rected -
- AShu	BA-T	3152010006	Astra -
Abrisher	BR I	3152010005	Aphilem -
	BBA-III	1538120003	Ashita
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- Kirti	M.A. Ist Pol.sci M.A. Ist Pol.sci	1335 315 33200	1. 1 lists -
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- Ruby - Navdeep	BBA-I	3153120006	NKawy
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Extension lecture

A Report

Women Cell of the college in collaboration with Yari International : An NGO, san Francisco, USA organized an extension lecture on "Drug Abuse: Causes and Remedies" on 26.08.2019. Dr. Jasbir Singh Lohan was the Chief Speaker of the programme. While addressing the audience, Dr. Lohan said that drug abuse had become a menace for today's generation. It was one the chief factors behind the hindrance of the progress of a nation. He urged the youngsters to keep away from drugs and thus become responsible citizens of the country.175 students got benefitted from his inspirational words. Dr. Bharti Vij, Convenor and Dr. Saroj Bala, Coordinator, Women Cell thanked the chief speaker and the audience for their active participation. Dr. Seema Rana, Dr. K.K. Punia, Mrs. Kamlesh, dr. Ravneet Kaur, Dr. Neha Agrawal and Dr. Meenu Rathi were present on the occasion.



EXTENSION GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT NOTICE Dated: - 22/08/2019 "Women Warrior" group of Women Cell, G.M.N. College, Ambala Cantt is going to organise an "Online extension talk" on the topic "Drug abuse" in collaboration with "YARI-International - Non Profit organization, California, USA" on 26th August, 2019 at 10:00 AM. All the volunteers of Women Cell are required to attend the same. incipal 9/24/2019 Gmail - Invitation for Online Extension Talk on the topic "Drug Abuse". M Ginail G.M.N. (P.G.)College Ambaia Cantt <gmncollege@gmail.com> Invit tion for Online Extension Talk on the topic "Drug Abuse". G.M.N. (P.G.)College Ambala Cantt <gmncollege@gmail.com> Thu, Aug 22, 019 at 2:52 PM To: dr.lohan@yahoo.com Dear Sir, "Women Warrior" Group of Women Cell, G.M.N. College, Ambala Cantt is going to organise an "Online extension talk" on the topic "Drug abuse" in collaboration with "YARI-International - Non Profit organization, California, USA" on 26th August, 2019 at 10:00 AM. The target group will be Bacaelors and Master Degree Students. Expected attendance of the students will be near about 200. So, you are _____ requested to appoint Dr. Jasbir Singh Lohan, President, YARI International, California, USA as Resource Person for the same. Regards, Principal GANDHI MEMORIAL NATIONAL COLLEGE AMBALA CANTT -133001 Phones: 0171-2640321 (O), 2633151 (Fax) E-mail: gmncollege@gmail.com Web: gmncollegeambala.com

M Gmail

Invitation for Online Extension Talk on the topic "Drug Abuse".

jasbir lohan <dr.lohan@yahoo.com>

 To: "G.M.N. (P.G.)College Ambala Cantt" <gmncollege@gmail.com> Cc: "dr.lohan@gmail.com" <dr.lohan@gmail.com> Fri, Aug 23, 2019 at 12:02 PM

Dear Sir,

Thank you for inviting YARI International to be a part of the upcoming Women Warrior Group of Women Cell workshop in GMN College, Ambala Cantt on August 26th, 2019 at 10am. We are excited to collaborate with a strong college to

increase awareness about today's rapidly changing environment.

On behalf of Dr. Jasbir Singh Lohan, I am confirming his online presence to be a part of the online extension and have an - in depth conversation about substance abuse.

Please provide us with further directions on how to join you for this online event.

- Best,

- Alexandria Cuevas
- Director of International Affairs
- YARI International Non-profit Organization
- San Francisco, California, USA (415) 449-0495

गांधी मेमोरियल नेशनल कॉलेज, अम्बाला छावनी प्रैस नोट

Dr. Buer

दिनांकः-26.08.2019

वीमैन सैल 'युवती तु यौद्धा' ग्रुप जी.एम.एन. कॉलेज की तरफ से यारी अन्तर्राष्ट्रीय गैर लाभ संगठन सैन–फ्रैन्सिसको, अमेरिका के तत्वाधान में "नशे की लत–कारण व निवारण" विषय पर एक व्याख्यान का आयोजन किया गया। इसमें विशेषज्ञ के रूप में डॉ. जसबीर सिंह लोहान ने नशे की समस्या के कारणों के बारे में विद्यार्थियों को बताया तथा उन्होंने इसके निवारण के लिए काफी सुझाव भी दिए। उन्होंने बताया कि किस प्रकार नशा युवाओं व राष्ट्र के विकास में बाधक बना हुआ है। इस अवसर पर लगभग 175 छात्र–छात्राओं ने बढ़चढ़ कर भाग लिया। उन्होंने युवाओं को अपने परिवार व देश के प्रति जिम्मेदारी याद दिलाते हुए उन्हें नशे से दूर रहने के लिए प्रेरित किया। कार्यक्रम में डॉ. भारती विज ने संयोजक व डॉ. सरोज बाला ने सह–संयोजक की भूमिका निभाई। इस अवसर पर डॉ. सीमा राणा, डॉ. के.के.पूनिया, डॉ. कमलेश रानी, डॉ. रवनीत कौर, डॉ. नेहा अग्रवाल व मीनू राठी उपस्थित थे।

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- AShu	BA-T	3152010006	Astra -
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	BBA-III	1538120003	Ashita
Bharti Safi	Mrt. Ist Pel.sui	3153320014 3153320015	Bharobi -
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Extension lecture

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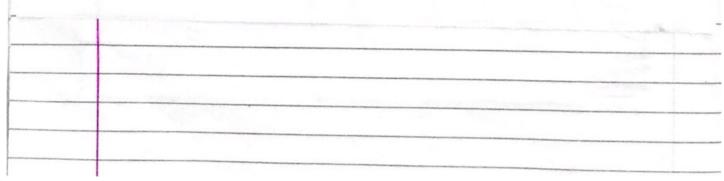
GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT

NOTICE

Dated: - 29/08/2019

Women Cell of G.M.N. College, Ambala Cantt is going to organize "Plantation Drive" in collaboration with "Forest Department" Ambala on 30.08.2019 at 10:00 AM in village Panjokhra, Ambala. All the volunteers of Women Cell are required to attend the same.





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वन विभाग, हरियाणा सरकार कार्यालयः वन राजिक अधिकारी, अम्बाला ।

नजदीक उपायुक्त निवास, फोन न0-01712550316 E-mail. ro_ambala a rediffmail.com

कुमाक मीमो

सेवा गे

Principal, G.M.N College, Ambala Cantt.

विषयः

Plantation Drive in collaboration with Forest Department, Govt. of Haryana.

100-15

आपके कार्यालय का पत्र कमाक GMNC/765 दिनाक 30 08 2019.

उपरोक्त विषय के सम्बन्ध में आप द्वारा बन विभाग के साथ Plantation Drive में Govt, High School, Village Panjokhra, Ambala में पीधे लगाने का प्रस्ताव स्वोकार किया जाता है। यह आपको सूचनार्थ एव आगामी कार्यवाही हेतू प्रेपित है।

वन राजिक अधिकारी. अग्वाला।



GANDHI MEMORIAL NATIONAL COLLEGE

AMBALA CANTT - 133001 Phones: 0171-2640321, 2633151 (O), 2601281 (R) Fax: 0171-2633151

Dated: 30/5/19

Ref. No. GMNC/745

The Range Officer Forest Department Ambala

Subject: Plantation Drive in collaboration with Forest Department, Govt. of Haryana.

Dear Sir,

Women Cell of G.M.N. College, Ambala Cantt is going to organize "Plantation Drive" in collaboration with "Forest Department" Ambala on 30.08.2019 at 10:00 AM in Govt. High School, village Panjokhra, Ambala.

You are requested to give your acceptance for the same and oblige

Thanking You,

neipal

e-mail: gmncollege@gmail.com,, Website: gmncollegeambala.org

Tree Plantation Drive

A Report

Women Cell of the College (Women Warriors) with the collaboration of Forest Department, Ambala organized a Tree Plantation Drive in Village Panjokhra on 30.08.2019. Dr. raj pal Singh, Principal of the college motivated the women warriors for this eco-friendly noble cause. Dr. Bharti Vij, Convenor, and Dr. Saroj Bala, Coordinator, Women Cell, G.M.N. College, Ambala Cantt. and Principal, Govt. High School, Panjokhra started off the campaign by planting saplings in the school campus. Then Women Warriors group and school students planted saplings in the school and other places in the village, Panjokhra. Approx. 200 students from school and college took active part in the tree plantation drive. The students gave a message to the public for saving the environment by forming a human tree. Dr. Bharti and Dr. saroj motivated the students and villagers to plant and adopt one tree each and take care of it. On this occasion, Dr. Raj Pal Singh praised the efforts of the Women Cell of the college.

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	देशीय गया कार्यम भिष्य गया गां में यन विमान गों तरफ से रामकृमा तया विमान जीत वया विमान जीत किंदिया विमान किंदिया की एटजात स्कूल प्राणम में डी. भारती विजन, तथा विमान जीत किंदिया किंदा किंदिया की एटजात स्कूल प्राणम में डी. भारती विजन, के दिसान कार्यना के प्राप्त में के प्राप्त की। के स्रोपन कार्यना व जिस्पाल ने गोंधे लगानम की। की स्रोपन कार्यना व जिस्पाल ने गोंधे लगानम की।	
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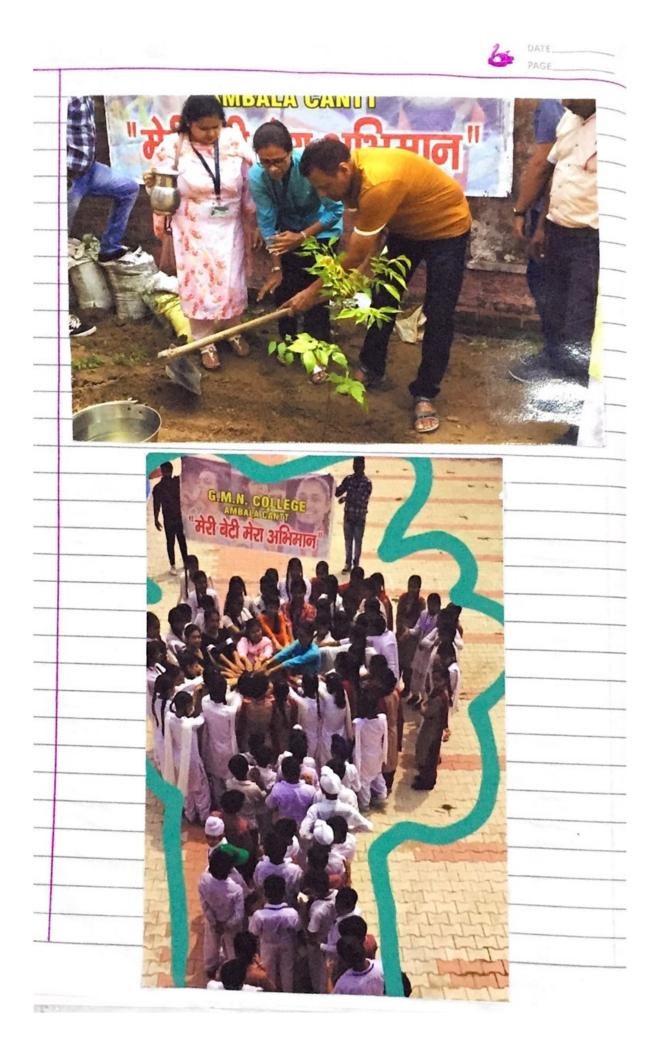
पौधरोपण कार्यक्रम का आयोजन

अंबला। जी.एम.एन. कॉलेंज के वूमन सैल के युवती तू यौद्धा युप द्वारा वन विभाग अंबाला के तत्त्वावधान में पौधरोपण कार्यक्रम का आयोजन किया गया। जिसमे वूमैन सैल के सभी छात्र-छात्राओं ने बढ़



वढ़ कर हिस्सा लिया। इस कार्यक्रम का आयोजन गर्वमेंट स्कूल, पंजोखरा में किया गया। प्रावार्य डा. राजपाल सिंह के नेतृत्व में टीम को रवाना किया गया। इस कार्यक्रम में वन विभाग की ओर से रामकुमार तथा सिमरनजीत सिंह ने हिस्सा लिया। इस कार्यक्रम की शुरुआत स्कूल के प्रांगण में डों. भारती विज, डों. सरोजवाला व स्कूल के प्रिंसीपल द्वारा पौधे लगाकर की गई। इसके बाद छात्र-छात्राओं द्वारा गांव के अन्य स्थानों पर पौधे लगाए गए। कार्यक्रम में स्कूल व कॉलेज के लगभग 200 छात्र-छात्राओं ने – भागीदारी निभाई।





September

GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT

Dated: - 28/09/2019

Women Cell of G.M.N. College, Ambala Cantt is going to organize an awareness camp on "Adult Education" at village Shahpur, Ambala on 30.09.2019 at 12:00 noon. All the volunteers of Women Cell are required to attend the same.



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प्राचार्य - R. J. A. B. R. R. Frequer 11011 28/9915 विषयः प्रेशस्ति पत्र श्रीमान जी , आपके कॉलेज के वूमेन सेल के वेलनीरपर ने हमादे जॉवबाडा ब शाहपुर में अडेल्ट ऐजु के शान के वारे में लोगों को शिखा का महत्व वातीत उस जणस्क किया / ' भुवती तू योहा " गुप के वालनाट्यस ने धर - धर जाकर लोगों के एडल्ट एजुकेशन के लोरे में खताया / इस कार्यक्रम में डा॰ भारती विज व्योन सेत कन्तीनर, डा॰ सराज आमा काडिनेटर, और डा॰ ट्राप्त हामा मेम्बर व्येन सेल मे गामिका सराहनीम रही। यह कार्मक्र जी ग एम ग रहा? कॉलेज अभवाला केन्ट व ग्रांम भन्यापत बाउा शाहपुर के तत्त्वाधान में आयोगित किया गया है। इस सराहनीप कार्यक्रम के लिए ग्राम प्रयापत AISI, 211247 371491 3 (1124 371917 CYAD करती है।

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Adult Education Programme Report

Women Cell of the college under the joint aegis of village Shahpur and village Bandi organised an Adult Education Programme on 30.09.2019. In this program, the college students under Women- the Warriors group participated extensively. The members of this group spread awareness among the villagers. They appealed to them to educate themselves and voluntarily promote and spread such programs from their own good so that an ideal society and nation could be established. On this occasion, Women Cell Convener, Dr. Bharti Vij, Co-convener, Dr. Saroj Bala and numerous active students of the college played an important role in making this programme a success. Principal, Dr. Rajpal Singh congratulated the efforts of Women Cell conveners, members and students for organising the programme.

GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT NOTICE

Sandary 2020

Dated: -13/01/2020

Women Cell of G.M.N. College, Ambala Cantt is going to organize a Poster Making Competition on the topic "Drug De- Addiction" in the college Auditorium on 15.01.2020 at 11:00 a.m. All the interested students may contact Dr. Bharti Vij and Dr.Saroj Bala.

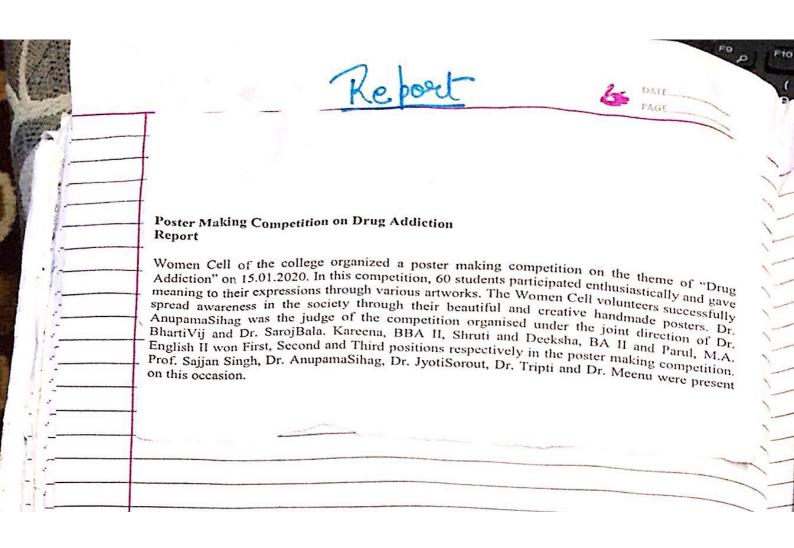
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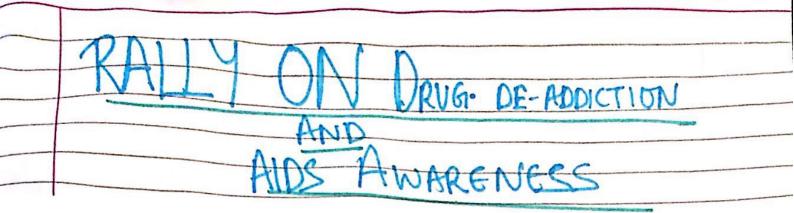
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DATE. PAGE Result oster Making aten om First- Position -> 1. Kareena -> BBA TT -> 2271 8200 2 Second Position > Shouti and Reepisha >> BATT Position > Poul 3. Third > MA Eng > Dr. Anupama Siha Judge row SIGN oto 1 नशा मुक्ति पर पोस्टर मेकिंग में करीना प्रथम ī अम्बारत | जीएमएन वाँलेज में पुमेन मेल के झरा तुभ्यार वरे पेस्टर मेलिम प्रतिकोगिता वर आयोजन किया गया। नरतापुनित पर आयोजित इस प्रतियोगिता में करेंदोजन के विभिन्न छात्र-जाताओं ने सद्-च्यू कर भाग लिया। इस प्रतियोगिता के द्वारा विद्यार्थियों ने अपने मन के भावों भाग लिया। इस प्रतियायिता के प्रांत विद्यार्थियों ने अपने मन के भायते को विभिन्न पोस्टरों के माल्यम से प्रस्तुत दिया तथा समझ में आगस्कतता फैलाई। इस प्रतियंधिता में निर्णातक की भूमिका डॉ. अनुपमा सिहाम ने निभाई। पह प्रतियंधिता डॉ. भारती थिन व डॉ. सरोज बाला के निर्देशन में करवाई गई। इस प्रतियंधिता में 60 विद्यार्थियों ने विभिन्न करताकृतियें के सारयम से अपने भाषों को सार्थक रूप दिया। इसमें प्रथम स्प्रह्त पर करीन्ज, श्रुति व दीक्षा दूसरे व वर्गा और पास्त तीयरे स्थतन पर रही। इस मौके पर डॉ. अनुपम सिहाम, डॉ. मीनू राठी, डॉ. तृप्ति शमी, डॉ. ज्योति सोरेत व सजान सिंह उपस्थित रहे। . . NYONE NTONE

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GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT NOTICE

Dated: - 15/01/2020

Women Cell of G.M.N. College, Ambala Cantt is going to organize a rally on the topic "Drug De-Addiction" at Khuda kalan village on 1**%**.01.2020 at 12:00 noon.

All the interested students and women warriors are requested to join the rally.

Principal

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AIDS Awareness Rally Report

A rally on the theme of "AIDS Awareness" was organized by the Women Cell of GMN College, AmbalaCantt. on 16.01.2020. More than 100 students participated enthusiastically in this rally. In this rally, the students, carrying different slogans in their hands, spread awareness among the masses about the dreaded disease like AIDS.This rally was organized Women Cell Convener, Dr. BhartiVij and Co-Convener, Dr. SarojBala. Prof. Sajjan Singh, Dr. AnupamaSihag, Dr. Tripti, Dr. JyotiSorout and Dr. MeenuRathi were present on the occasion.



GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTI NOTICE

DATE

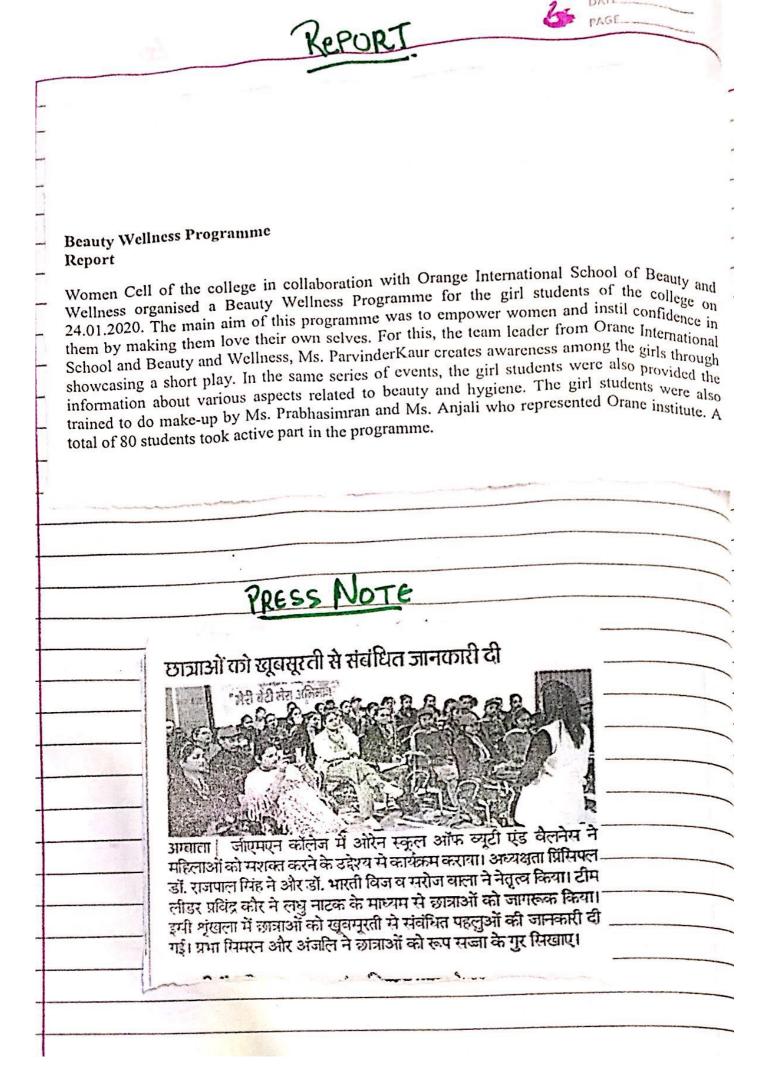
Dated: - 22/01/2020 Women Cell of G.M.N. College, Ambala Cantt. is going to organize a professional training programme on Makeup and Hair styling in collaboration with Orane International on 24.01.2020 at 10:00 AM in the Seminar Hall. Interested students may give their names to Dr. Saroj Bala.

Principal

GRAMM RAIN TERNATIONAL . 2020

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GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT REPORT

28.02.2020

An outreach activity on "Health and Eye Checkup Camp" was organized by G.M.N College Ambala Cantt. in Village Tundla on 28.02.2020. This Camp was organized by Women Cell, Youth Red Cross, Department of Management, Department of Commerce and Department of Mathematics of College in Collaboration with Civil Hospital, Ambala Cantt. Around 50 students of College participated in this camp. Dr. Rajesh and his team checked Eyes and Blood Sugar of around 150 Patients and school students. Further Doctor advised the people to follow nutrients diet in daily routine. They also made awareness about the daily precautions which the common people have to adopt to tackle with hazardous diseases.

GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT NOTICE

Dated- 26/02/2020

Department of Commerce, Management, Women Cell, Mathematics and Youth Red Cross unit of the college are going to organize "**Health and Eye check-up camp**" on 28 Feb, 2020 in collaboration with Health Department Ambala to be held at Tundla Village. Interested students may contact to the following teachers to attend the same.

Dr. V.K Jain Dr. Bharti Vij Ms. Pinki Dr. Surender Kumar

Principal

Rated: 28-02-2020 Attendance for outreach activity on "Health and Eye Checkup Camp" organized by Women Cell, Youth Red Gross, Repartment of Commerce, Department of Management and Repartment of Mathematics Sno NAME Sig. Age Goroup 10 y. 1 Sandsep P git 2 Himanshu 107. 3. Kastonijeet HIMANShu 10 %. 4. Dimonshu chotsta Dimanshy. 104. 5. Karon Kochua 114. 6 Kasan Aman 107. Aman 7. Korishna 2 0011 8. Vonsh 104. 9. Saurav 104. तरा 10. Rupesh 104. Sourar 11. Kantik 104. Rupesh Chamon 12 104. Kartik 104. Suroj 13. Chaman 124. Rojesh Koman 17. SURAJ 70.4. Jagdeep Signgh 15 VR. 16. 64. Koishna Jagdet 17. Rohan 84. Kudiss Ma Ansh TY-18. 19. Rom baby 74. Rober 20. Shivam 77. ANSH Uday 74. · Ramband 21. 22 Rayi 87. Shivam 99. 23. Brabhanshy Udag 24. Anchit 89. Pavi 77-Calhansk 26 Akash 104. Arcolt 27. Harman Singh 117. AKashpan

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Gov. High School, Tundla Gov. हार्च स्कूल, ट्रेडला

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Gurudwara Sahib Tundla

गुरुद्वारा साहिब ट्रंडला (

BIOITALIA बिजोड्सालिया Surudwara Sahib Tundla Tundla, Ambala Cantt, Haryana 13300

Ambala cantt Haryana India 2020-02-28(Fri) 01:37(PM)

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टूंडला में लगाया स्वाख्य व नेत्र जांच शिविर

अम्बाला | जीएमएन कॉलेज द्वारा टूंडला गांव में निशुल्क स्वास्थ्य एवं नेत्र जांच शिविर का आयोजन किया। यह शिविर कॉलेज के पांच विभागों वूमेन सेल, मैनेजमेंट विभाग,गणित विभाग, यूथ रेड क्रॉस एवं वाणिज्य ने कैट के सिविल हॉस्पिटल के सहयोग से लगाया। इसमें कॉलेज के करीब 50 विद्यार्थियों ने अपनी सेवाएं दीं। इस शिविर में डॉ राजेश व सिविल हॉस्पिटल की टीम द्वारा 150 मरीजों एवं स्कूल के विद्यार्थियों की आंखों व ब्लड शुगर का चेकअप किया। इस शिविर में डॉ व उनकी टीम द्वारा लोगों को सही खानपान व दैनिक दिनचर्या के बारे में विस्तार से बताया। साथ ही बीमारियों से छुटकारा संबंधी महत्व के बारे में लोगों को जागरूक किया गया।

Dated: - 02/03/2020 Women Cell of G.M.N. College, Ambala Cantt. in collaboration with Lakme Institute, Ambala City is going to organize a talk on Hair and Skin care treatment on 03.03.2020 at 11:00 a.m. in Seminar Hall. All the interesting students and teachers are requested to attend the same

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GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT

NOTICE

3.

REATMEN

ARCH

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03.2020

NCARE

Principal

LAKMÉ ACADEMY

Powered by Aptech Style your future

To The Principal, CIMN COLLEGE

Subject: Permission for a Student Interaction & Demonstration on "Opportunity in Beauty & Wellness Industry"

Greetings from Lakmé Academy Ambala!

"LAKME" the expert in the Indian and International Fashion industry has now introduced its Lakme Academy powered by Aptech for training students in Ambala to open a big career prospects not only in the world of teaching, beauty, fashion, entertainment, film industry but also in govt sector.

Today the young adults are striving to build career, even after successfully finishing most prestigious courses, they remain unemployed. Lakme Academy has come up with many career oriented courses which create immense opportunity for a sure and immediate job prospects with competitive salary. Here in Lakme Academy students get trained by experts from the industry and gain to become professionals and experience career growth in this new and exciting industry. The students pursuing studies abroad will also benefit by acquiring skills that are in demand abroad. Moreover this industry creates numerous professions that fall under the umbrella of beauty and wellness industry

We intend to project and dedicate ourselves to contribute in improving the skill sets of the students of your College and we would like to seek your permission to conduct an educational seminar in your esteemed organization. The topic is interesting to the students as well as

EXPANDING	Employment opportunities for aspiring students across the country and in abroad who are at a crucial threshold of choosing a long-term career option in their respective field.
ENSURING	Premium quality educationally resourced students which are trustworthy and dependable with significant professional skill.
INCREASING	Awareness among students about importance of increasing their skill sets.
IMPROVING	The skills and quality of students
ELEVATING	The professional standards of students

Our Objective of the Seminar at your College will be focused at:-

Lakme Academy Highlights:

- At the forefront of beauty since 1952
- Celebrating 17 years of fashion with Lakme Fashion Week worldwide.
- Brand proposition: Runway excellence everyday
- Learning on the go-Digital learning experience 24x7 by Online varsity
- Placement opportunity at domestic and international level.
- International Certification

03. 03. 2020

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Beauty Camp Report

Women Cell of the college under the joint convenorship of Dr. BhartiVij and Dr. SarojBala organized a Beauty Camp for the students on 03.03.2020. The programme was presented by Lakme institute. In the camp, the students were sensitized about the common problems related to skin and hair by Ms. Manjeet from Lakme Institute. She also informed the students to be confident and self-dependent so as to succeed in life. While addressing the students, Principal, Dr. Raj Pal Singh said that physical beauty of a person is an important part of his/her personality which helps in leaving a lasting impression on other people. A total of 82 students got benefitted from the camp.

KP POR

छात्राओं को छेवर स्टाइलिंग च मेकअप के बारे में बताया

TRESS NOTE

अग्यत | जोरनान परित RT में महिला प्रचोच की और ITTT. से हाँ भारती जित न हाँ. Tel ही। सरोज जला के नेतल के में लेको इंस्टिटयुट के हो। सहयोग से छान्नी के लिए एन सीर्य हितिर मा हण आयोजन मित्या गया। इसमें দ্যায়ন নান ৰ নালী ना की सगरवा से छात्रों को अधगत करका गणा। लेक्से इंस्टिटकट की रीम का नेतृत्व मनतीत ने मिला।

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इस दिनिस का मुख्य उद्देश्य महिलाओं को आत्मनिर्भर सेने के गुगों के बारे में चानफरो प्रचन को गई। साथ ही छात्राओं को उनके रेपर स्टाइसिंग य मेकअग इत्यदि के यारे में बताया गया। प्रिंसिपल ठॉ. राज्यकत सिंह ने करा कि शारी कि मुंदरता वह गुग भी विस्तो करवित के कार्वतत्व को कावत करता है। कार्यतम में कुल 82 इस्तों ने भाग लिया।