

14/03/2026

NTF guidelines discussed with head of institution and a meeting was scheduled for 27/03/2026 with Anti Ragging Cell, Nasha Mukti Abhiyan task force, Grievance Redressal Committee, Women Cell, Equal Opportunity Cell, ICC, Department of Psychology and Scholarship cell for well implementation of NTF guidelines for the well-being and mental health of students of the college.

GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT

Dated: 24.03.2026

NOTICE

Meeting of NTF (National Task Force) members and Convenors of following Committees/Clubs is scheduled on 27.03.2026 at 12.00 noon with the undersigned.

1. Anti-Ragging Cell
2. Grievance Redressal Committee
3. Women Cell
4. Equal Opportunity Cell
5. ICC
6. Scholarship Cell
7. Nasha Mukti Abhiyan Task Force (Nasha Mukti/Anti-Tobacco)
8. Mental Health Club


Principal

GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT

NOTICE

Dated: 16/03/2026

As per the guidelines of Hon'able Supreme Court regarding mental health concerns and suicide prevention of students in higher education institutions, following activities have been scheduled for March-April, 2026 under NTF,

1. Anti-Ragging Cell – Slogan writing on “Anti-ragging awareness for suicide prevention”
2. Nasha Mukti Abhiyan Task Force – Awareness rally on “Nasha Mukti for positive Mental Health”
3. Grievance Redressal Committee – Lecture on “Addressing the mentoring needs of students for positive mental health”
4. Women Cell – Workshop on “Gender sensitization and mental health initiatives in higher education institutions”
5. Equal Opportunity Cell – Rally on “Prevention of caste-based discrimination for promoting mental well-being of students”
6. ICC – Poster making on “Mental health and academic impact of sexual harassment”
7. Department of Psychology – Workshop on “World Autism Awareness Day” (April 2)
8. Scholarship Cell – “Suicide prevention through financial assistance in higher education institution”

All these activities would be conducted in association with National Task Force, Mental Health Club, and Psychological Counseling Centre. PDF (notice/attendance/photo/news/report) of activity conducted to be shared with Dr. Amita and Dr. Anupama (sihaganupama@gmail.com) before April 30, 2026)

Principal

Dr. Anupama
We have a meeting of all
the cells and decide
tasks/done for the intended
action.

20/3/26



Meeting - NTF

Meeting focussed on the implementation of NTF guidelines. Following dates were finalized for the proposed activities, 27/03/2026

Activity by:	Date:	Signature
✓ 1. Anti-ragging Cell	4.04.2026	(Nagait)
✓ 2. Nasha Mukti Abhiyan Task Force	30.03.2026	Sf
✓ 3. Grievance Redressal Committee	07/04 June	(K. Nani)
✓ 4. Women Cell	6/04/2026	Neel Aggarwal
✓ 5. Equal Opportunity Cell	2.04.2026	Adh
✓ 6. ICC	6.04.2026	(Dr. Nagait)
✓ 7. Scholarship Cell	April 3	Gul
✓ 8. Department of Psychology	April 2, 2026	Af

Following convenors/members attended the meeting,

1. ~~Inu~~ - Dr. SS Nani (Grievance cell)
2. ~~Official~~ - Dr. Manjot Kaur (Anti Ragging Cell)
3. ~~Lang~~ - Dr. Lang (Nasha Mukti Abhiyan)
4. ~~Neel Aggarwal~~ - Dr. NEHA AGGARWAL (Women Cell)
5. ~~Dr. Neel~~ - Dr. Neel (Member of NTF)
6. ~~Ram Murli~~ - Ram Murli (SC/BC cell, equal opportunity cell)
7. ~~Mehtak~~ - Ms. Mehtak Talwar (Member-NTF)
8. ~~Dr. Pinki Gupta~~ - Dr. Pinki Gupta (Scholarship Cell)
9. ~~Dr. Anupama Singh~~ - Dr. Anupama Singh (Department of Psychology)

800

27/3/26

GANDHI MEMORIAL NATIONAL COLLEGE, AMBALA CANTT.

Minutes of the Meeting dated 27.03.2026

NTF (National Task Force) meeting was held on 27.03.2026 under the leadership of Dr. Rohit Dutt, Principal G.M.N. College, Ambala Cantt.

1. Meeting was attended by members of NTF and convenors of Anti Ragging Cell, Grievance Redressal Committee, Women Cell, Equal Opportunity Cell, ICC, Scholarship Cell, *Nasha Mukti Abhiyaan* Task Force and Mental Health Club.
2. NTF guidelines were discussed in detail with the concerned convenors for effective implementation.
3. Proposed activities on mental health and well-being were discussed for preventing suicide in higher education institutions.
4. Modifications in mentor-mentee were proposed for effective implementation of NTF guidelines.
5. Time-table in-charges to decide on two mentor-mentee classes per month and formally add in time-table from new session in 12.00-12.30 pm slot.
6. Mental Health Awareness training was made mandatory for teaching and non-teaching staff members, as and when notified through notice.
7. Principal emphasized on the counseling needs of the students for better mental health and well-being.


Principal