

## Bio-data

Name: **Dr. Seema Kansal**  
Date of Birth: **December 18, 1964**  
Address: **House No.151, Sector-B, Defence Colony, Ambala Cantt**  
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### **Educational Qualifications:**

**1985:** M.A. (Economics), Gold Medalist from Kurukshetra University, Kurukshetra

**1986:** M. Phil (Economics) with A+ Grade and Distinction

**2005:** Ph.D. (Economics) from Kurukshetra University, Kurukshetra on “Scientific Instrument Industry in Ambala — An Economic Evaluation”

### **Achievements**

Awarded Gold Medals in Yoga at University Level Yoga Competition consecutively for four years from 1980 to 1983 in both Individual and Team Championships.

Awarded Gold Medal in Yoga at All-India Yoga Championship in 1982.

Awarded Bronze Medal in Yoga in National Level Yoga Championship in 2001, held at Ranchi.

Awarded Gold Medal in Yoga in Women Category (Above 40 years) at the 3<sup>rd</sup> Haryana State Yoga Championship held at Ambala City on August 22-23, 2015.

Honoured by District Administration, Ambala for achievement in the field of ‘Yoga’, January 26, 2002.

Won third prize in Ambala Mini Marathon in Women Category (Above 50 years) organized by Cantonment Board, Ambala Cantt on 24-01-2016.

13 times Voluntary Blood Donor during camps and emergencies.

**Job Profile:**

- Joined as Lecturer in Economics, GMN College, Ambala Cantt-1986.
- Presently Associate Professor in Economics at GMN College, Ambala Cantt with total teaching experience of above 32 years.

**Seminars/Conferences Attended & Papers Presented:**

Attended National Seminar on “Development with a Human Face — Challenges and Strategies” organized by Department of Economics, Kurukshetra University, Kurukshetra, January 27-29, 1996.

Attended XVI Haryana Economic Conference organized by S.A. Jain College, Ambala City, March 23-24, 1996.

Attended 21<sup>st</sup> Annual Conference of Haryana Economic Association organized by Maharaja Agrasen College and Maharaja Agrasen Institute of Management & Technology, Jagadhari, March 23-24, 2001.

Attended 22<sup>nd</sup> Annual Conference of Haryana Economic Association organized by CCS, HAU Extension Education Institute & Haryana Institute of Rural Development, Nilokheri, March 23-24, 2002.

Participated in National Seminar organized by G.M.N. College, Ambala Cantt on the topic: “Intellectual Property Rights: New Challenges for Indian Economy.”, September 23, 2004

Participated in three day UGC sponsored National Seminar on “Mental Health Awareness: A Yogic Perspective” organized by S.L. D.A.V. College of Education, Ambala City, October 29-31, 2005

Participated in National Seminar organized by Guru Nanak Khalsa College Karnal and presented a Research Paper on: “Foreign Direct Investment in Retail Business: Heads I Win; Tails You Lose.”, February 18, 2006

Participated in a National Seminar organized by S.A. Jain (PG) College, Ambala City and presented a Research Paper on: “GATS – Challenges in Higher Education”, March 10, 2007.

Participated in International Seminar organized by Desh Bhagat Institute of Management and Computer Sciences, Mandi Gobindgarh and presented a Research Paper as co-author on: "Building World Class Educational Institutes – Analyzing Core Issues", September 4-5, 2007

Participated in UGC sponsored National Seminar organized by Dept. of Sanskrit, GMN College, Ambala Cantt on the topic: "The Relevance of Sanskrit in This Technical and Modern Age", December 8-9, 2007

Participated in UGC sponsored National Seminar organized by D.A.V. College, Sadhaura (Yamuna Nagar) on the topic: "Impact of Economic Reforms on the Socio-Economic Development of India", November 7-8, 2008

Participated in State Level seminar organized by G.M.N. College, Ambala Cantt on the topic: "Relevance of Basic Sciences in Higher Education", March 6, 2009

Participated in State Level seminar organized by G.M.N. College, Ambala Cantt on the topic: "Emerging Trends in Computer and Information Technology", March 7, 2009

Participated in State Level Seminar sponsored by Haryana Sanskrit Academy, Panchkula, organized by Dept. of Sanskrit, GMN College, Ambala Cantt on the topic: "Position of Sanskrit Language in the Present Era in particular context of the State of Haryana", March 24, 2009

Participated in National Seminar sponsored by UGC, organized by the Department of Economics, S.D. College, Ambala Cantt, on the topic: "India's Foreign Trade; Post Reforms' Trends, Opportunities and Challenges, March 27, 2009

Participated in National Seminar, sponsored by HEC, Haryana, organized by Dept. of Political Science, GMN College, Ambala Cantt on the topic: "India's Security Concerns in the Context of 26/11 Terrorist Attack on Mumbai", March 28, 2009

Participated in National Seminar, sponsored by UGC, organized by the Department of Economics, organized by G.N.K. College, Yamunanagar, on the topic: "Efficacy of Special Economic Zones in India", November 25-26, 2009

Participated in National Seminar, sponsored by UGC, organized by M.D.S.D. College, Ambala City, on the topic: "The Relevance of WTO in the present scenario", February 27, 2010.

Participated in National Seminar, sponsored by ICSSR, New Delhi, organized by Dept. of Economics, S. D. College, Ambala Cantt, on the topic: "Emerging Trends in Economic Thinking — An Indian Perspective.", March 27, 2010.

Participated in State Level three days Workshop on "Role of Yoga in Women's Health" organized by MDSG Girls College, Ambala City, sponsored by Commissioner, Higher Education, Haryana, February 02-04, 2011.

Presented a paper on "Health Hazards and the Use of Chemicals, Fertilizers and Pesticides" in an International Conference on "Crop Technology Led Agriculture Development and Sustainability of Eco-System in India", organized by University College, Kurukshetra in collaboration with ICSSR, March 26-27, 2015.

Presented a paper on "Food and Nutrition Security to the Poor in India" in a National Seminar on "Food Security in India: Issues & Challenges", held at S.D. College (Lahore), Ambala Cantt on 28-29 September, 2015.

Participated in one-day International Seminar & Discussion Session on "Mauritius Ke Samajik Vikas mein Bharat ka Yogdaan", held at Arya Girls College, Ambala Cantt; jointly organized by Arya Girls College, Ambala Cantt, Kurukshetra University, Kurukshetra, Hindi Prachaarini Sabha, Mauritius and Matribhumi Seva Mission, Kurukshetra on 30 January, 2019.

### **Guest Lectures Delivered**

Delivered two Guest Lectures to the participants of Teachers' Training Seminar of K.V. Sangthan at Kendriya Vidyalaya No.1 on the topics: "Yoga" and "Agricultural Economics.", May 08 & 13, 2010

Delivered a Guest Lecture to the participants of Teachers' Training Seminar of K.V. Sangthan at Kendriya Vidyalaya No.1 on the topic: "Pranayam", December 30, 2010.

Delivered two talks for the teaching faculty on "Yoga and Pranayam" and "Yoga & Holistic Living" at KV No.4, Ambala Cantt. (2012-13)

Delivered a talk on "Self-Employment Opportunities in Cottage and Small-Scale Industries" at ERDC (2012-13)

### **Faculty Development Programmes Attended**

Attended four-week Refresher Course in Economics organized by Academic Staff College, Jawaharlal Nehru University, New Delhi, from 21-08-1995 to 15-09-1995.

Attended three-weeks Refresher Course in Economics, organized by Academic Staff College, Kurukshetra University, Kurukshetra, from 08-07-1996 to 27-07-1996.

Attended Refresher Course in Economics, organized by Academic Staff College, Panjab University, Chandigarh from 08-03-2000 to 28-03-2000.

### **Hobbies & Interests**

Singing, Yoga, Reading & Health Awareness